

Registered Electrologist Advisory Committee

Minutes

The Registered Electrologist Advisory Committee of the Board of Medical Licensure and Supervision held a meeting on October 16, 2023, in accordance with the Open Meeting Act. Advance notice of this regular meeting was transmitted to the Oklahoma Secretary of State on November 22, 2022. The notice and agenda were posted on the Board's website on October 9, 2023, at 10:47 AM in accordance with 25 O.S. § 311(A)(9).

Members present were:

Carrie Dooly, RE, Chair
Tina Winzeler, RE, Vice-Chair
Billie Noa, RE

Others present included:

Barbara J. Smith, Executive Secretary
Lisa Cullen, Director of Licensing
Tyler Seymour, Application Analyst
Jimmy Stokes, Interim Chief of Investigations

Having noted a quorum, Ms. Dooly called the meeting to order at 10:00 AM. Barbara Smith, via roll call, established that a quorum was present for purposes of the record.

Following committee review, Ms. Dooly moved to approve the minutes of the February 28, 2023 special meeting as written. Ms. Winzeler seconded the motion and the vote was unanimous in the affirmative.

Ms. Smith explained that the law only allows for election of a chairperson so the election will be for the role of chair only and will not include a vice-chair. Ms. Winzeler moved to nominate Ms. Dooly for the role of Committee Chair. Ms. Dooly accepted the nomination. Ms. Noa seconded the motion and the vote was unanimous in the affirmative.

The Committee then reviewed the incomplete application of **ALLISON GAIL OBERG** for Registered Electrologist licensure. Following review, Ms. Dooly moved to approve the application pending completion of the file. Ms. Winzeler seconded the motion and the vote was unanimous in the affirmative.

Next, the Committee reviewed Continuing Education Courses as listed on *Attachment #1* to the agenda. Following committee review and discussion, Ms. Dooly moved to approve the Continuing Education Courses as presented. Ms. Winzeler seconded the motion and the vote was unanimous in the affirmative.

There being no further business, Ms. Dooly adjourned the meeting. The time was 10:14 AM.

ELECTROLOGIST CONTINUING EDUCATION REQUEST - DEC 31, 2022-DEC 31, 2024					
COURSE SPONSOR	DATE OF COURSE	TOPIC	HOURS REQ	MEETING DATE	APPROVAL DATE
OSEA	4/10/2022	OSEA OFFICER DUTIES	2.5	10/16/2023	
TRIO SAFETY CPR & AED	7/7/2022	BLS PROVIDER	4	10/16/2023	
ST FRANCIS WARREN CLINIC	8/10/2022	DIABETES EDUCATION	3	10/16/2023	
OSEA	10/23/2022	MODERN EDUCATION FOR ELECTROLOGISTS	2.5	10/16/2023	
CENTRASTATE HEALTHCARE SYSTEMS	10/24/2022	EFFECTIVE LEADERSHIP: DEALING WITH CONFLICT & EMBRACING DIVERSITY	1.5	10/16/2023	
ATLANTIC HEALTH SYSTEMS	11/10/2022	SEXUAL ORIENTATION, GENDER, IDENTITY	2	10/16/2023	
CENTRASTATE HEALTHCARE SYSTEMS	11/11/2022	NURSE WELL-BEING	0.5	10/16/2023	
CENTRASTATE HEALTHCARE SYSTEMS	12/8/2022	MAKING A DIFFERENCE; NURSING LEADERSHIP IN ACTION	5.75	10/16/2023	
INSTITUTE FOR NATURAL RESOURCES	12/9/2022	BRAIN & STRESS: PTSD & ADJUSTMENT DISORDER	3	10/16/2023	
INSTITUTE FOR NATURAL RESOURCES	5/6/2023	ADHD IN ADULTS	3	10/16/2023	
INSTITUTE FOR NATURAL RESOURCES	5/6/2023	HAIR & NAILS: CLUES TO ILLNESS AND HEALTH	3	10/16/2023	
INSTITUTE FOR NATURAL RESOURCES	5/24/2023	FIBROMYALGIA	3	10/16/2023	
INSTITUTE FOR NATURAL RESOURCES	5/24/2023	ALZHEIMER'S PREVENTION OF THE DISEASE AND OTHER DEMENTIAS	3	10/16/2023	

Title 59 O.S. Sec. 536.5. Advisory Committee of Registered Electrologists

...

D. Members of the Committee shall elect from their number a **chairperson**. Special meetings of the Committee shall be called by the Chairperson on the written request of any three (3) members. The Committee may recommend to the Board the adoption of rules necessary to govern its proceedings and implement the purposes of the Registered Electrologist Act.

...

Registered Electrologist

435:40-1-3. Advisory committee Elections.

- (1) At the first meeting of each fiscal year, the advisory committee shall elect by a majority vote of those members present, a chairman and vice-chairman.
- (2) A vacancy which occurs in the office of chairman and vice-chairman may be filled by a majority vote of those members present and voting at the next advisory committee meeting.
- (3) Absence from three regular meetings, without an acceptable reason, constitutes self-

Oklahoma State Board of Medical Licensure and Supervision Application Summary

Type **Number** **Name**
 RE 90 SARAH KRISTINE KRAUS
 Registered Electrologist

PRACTICE HISTORY

Employed: GASTROENTEROLOGY SPECIALISTS, INC **Supervisor:**
City: TULSA **State:** OK **Country:** UNITED STATES
Specialty: REGISTERED NURSE **From:** 6 / 2015 **To:** / **Verified:**
Comments: 4/10/24MT- CURRENTLY WORKING
 PRE-OP ; PACU

Employed: TULSA SPINE AND SPECIALITY HOSPITAL **Supervisor:**
City: TULSA **State:** OK **Country:** UNITED STATES
Specialty: REGISTERED NURSE **From:** 8 / 2014 **To:** 6 / 2015 **Verified:**
Comments: - PACU AND PAIN MANAGEMENT

Employed: NORTH SHORE PRIVATE HOSPITAL **Supervisor:**
City: ST LEONARDS **State:** **Country:** AUSTRALIA
Specialty: REGISTERED NURSE **From:** 8 / 2013 **To:** 6 / 2014 **Verified:**
Comments: -PACU

Employed: ST JOHN MEDICAL CENTER **Supervisor:**
City: TULSA **State:** OK **Country:** UNITED STATES
Specialty: REGISTERED NURSE **From:** 6 / 2007 **To:** 3 / 2013 **Verified:**
Comments: - PACU

Other Licenses

State	Lic Type and Number	Status	Issued	Exp	Verif
OK	RN R0089028	A	6/18/07	3/31/26	4/10/24
MA	RN RN2271260	I	4/11/11	3/11/12	4/10/24

DEFICIENCIES

Exam verification date
 Supervising Electrolysis Report
 Supervised Training Verification

PRIMARY SOURCE

RECEIVED

MAR 15 2024

OKLAHOMA STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION

Kraus, Sarah Kristine
NAME (LAST FIRST MIDDLE)

Page 1 of 1
Mar 15, 2024

DATE OF BIRTH



THE UNIVERSITY OF TULSA

0783870
I.D. NUMBER

DEPT NO.	COURSE TITLE	CR	GRD	PTS	DEPT NO.	COURSE TITLE	CR	GRD	PTS	DEPT NO.	COURSE TITLE	CR	GRD	PTS	
Spring Term 2003					Summer Term 2005					**** ** ****					
TRANSFER CREDIT FROM TULSA COMMUNITY COLLEGE 3					QM 2013 Statistics I 3 B 9.00					GRADE POINT AVERAGES PRINTED					
Fall Term 2003					UT* 3 AT 3 ERN 3 GPH 9.00 PT 3.000 GPA					AFTER EACH TERM REFER TO					
CHEM 1004	Chemistry in Medicine	4	B	12.00	UA* 65 AT 68 ERN 61 GPH 189.00 PT 3.098 GPA	WORK TAKEN AT THE UNIVERSITY OF TULSA ONLY					**** ** ****				
BUS 1013	Business & Society	3	B	9.00											
BUS 1001	Cba Orientation-Nsg Fre	1	P	0.00											
MATH 1093	Math with Applications	3	A	12.00											
REC 1001	Soccer Women	1	P	0.00											
UT* 12 AT 12	ERN 10 GPH 33.00	PT	3.300	GPA											
UA* 12 AT 15	ERN 10 GPH 33.00	PT	3.300	GPA											
Spring Term 2004					Fall Term 2005										
ECON 1013	Economic Issues	3	W	0.00	NSG 3154 Applied Science II 4 C 8.00										
ANTH 2043	Ptrn in Cult: Cult Anth	3	C	6.00	NSG 3164 Nursing Science II 4 C 8.00										
ARTH 2033	Native American Art	3	A	12.00	NSG 3174 Nursing Intervention II 4 A 16.00										
MIS 1123	Bus Info Technology	3	B	9.00	UT* 12 AT 12 ERN 12 GPH 32.00 PT 2.667 GPA										
BIOL 1023	Human Anatomy Physiolgy	3	B	9.00	UA* 77 AT 80 ERN 73 GPH 221.00 PT 3.027 GPA										
REC 1001	Soccer - Women	1	P	0.00											
UT* 13 AT 13	ERN 12 GPH 36.00	PT	3.000	GPA											
UA* 25 AT 28	ERN 22 GPH 69.00	PT	3.136	GPA											
Summer Term 2004					Spring Term 2006										
MUS 2123	Mus Culture of the Wrld	3	A	12.00	AHS 4043 Appl Hlth Care Rsrch 3 B 9.00										
ENGL 1033	Exposition & Argument	3	B	9.00	NSG 3254 Applied Science III 4 C 8.00										
UT* 6 AT 6	ERN 6 GPH 21.00	PT	3.500	GPA	NSG 3264 Nursing Science III 4 C 8.00										
UA* 31 AT 34	ERN 28 GPH 90.00	PT	3.214	GPA	NSG 3274 Nsg Interventions III 4 A 16.00										
Fall Term 2004					Summer Term 2006										
BIOL 1021	Human Anatomy Phys Lab	1	C	2.00	THEA 2213 Cultural Hist of Thea 3 C 6.00										
AHS 2122	Nozmal Nutrition	2	A	8.00	UT* 3 AT 3 ERN 3 GPH 6.00 PT 2.000 GPA										
ATRG 2653	Prevnt Treatmnt Ath Inj	3	A	12.00	UA* 95 AT 98 ERN 91 GPH 268.00 PT 2.945 GPA										
NSG 2123	Folk Healing Practices	3	A	12.00											
NSG 1012	Overview of Nursing	2	B	6.00											
REC 1001	Soccer-Women	1	P	0.00											
AHS 2133	Life Span Processes	3	B	9.00											
UT* 15 AT 15	ERN 14 GPH 49.00	PT	3.500	GPA											
UA* 46 AT 49	ERN 42 GPH 139.00	PT	3.310	GPA											
Spring Term 2005					Fall Term 2006										
NSG 2273	Nsg Interventions I	3	A	12.00	NSG 4154 Applied Science IV 4 B 12.00										
NSG 2264	Nursing Science I	4	C	8.00	NSG 4164 Nursing Science IV 4 B 12.00										
NSG 2254	Applied Science I	4	C	8.00	NSG 4174 Nursing Intervention IV 4 A 16.00										
NSG 2232	Pharmacology/Metrology	2	C	4.00	NSG 2103 Human Sexuality 3 A 12.00										
AHS 2223	Microbiol for Hlth Prof	3	B	9.00	UT* 15 AT 15 ERN 15 GPH 52.00 PT 3.467 GPA										
UT* 16 AT 16	ERN 16 GPH 41.00	PT	2.563	GPA	UA* 110 AT 113 ERN 106 GPH 320.00 PT 3.019 GPA										
UA* 62 AT 65	ERN 58 GPH 180.00	PT	3.103	GPA											
Spring Term 2007					**** ** ****										
ENGL 3003	Wrtg for the Profession	3	A	12.00	DEGREE: Bachelor of Science in Nursing										
NSG 4232	Nursing Trends	2	A	8.00	MAJOR : Nursing										
NSG 4263	Nursing Science V	3	A	12.00	DATE : 05/07										
NSG 4275	Nursing Interventions V	5	A	20.00	**** ** ****										
NSG 4903	Understnd Electrocardio	3	A	12.00											
UT* 16 AT 16	ERN 16 GPH 64.00	PT	4.000	GPA											
UA* 126 AT 129	ERN 122 GPH 384.00	PT	3.148	GPA											

David R. Weddle

Registrar

OFFICIAL SIGNATURE

REQD MA

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SEP 12 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

CECPD/Oklahoma Registry
1801 N Moore Ave.
Moore, OK 73160



All Training List

Name: Sara DuBois
Date Printed: 8/26/2024

Registry ID: 136602
Date Expires: 7/2/2025

Current Training List							Includes all Training
Formal							
Event ID	Course Title	Date	Hours	Level	Type	Sponsor	Verified
282573	CDA Pathway Providing for Children's Safety Unit 1	8/13/2024	10.00	Formal	Early Childhood	Caddo Kiowa Technology Center	Yes
312175	2024 Education Pre-Service - Day 4	7/18/2024	6.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312174	2024 Education Pre-Service - Day 3	7/17/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312172	2024 Education Pre-Service - Day 2	7/16/2024	9.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312167	2024 Education Pre-Service - Day 1	7/15/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
298976	Entry Level Child Care Training (ELCCT) On-Line	5/10/2024	20.00	Formal	Early Childhood	Thermacube, LLC	Yes
298958	Reducing the Risk of SIDS/SUID in Child Care (Safe Sleep) - Online	5/8/2024	3.00	Formal	Early Childhood	Thermacube, LLC	Yes
Formal Total:			63.00				
Training Total			63.00				

All Training Grand Total: 63.00

RE. 72 CEU



901 West Main Street Freehold NJ 07728

Certificate

THIS IS TO CERTIFY

Vicki Branstetter

HAS SUCCESSFULLY COMPLETED

TITLE OF ACTIVITY: Hormonal Affirmation Treatment in Gender Nonconforming Youth

#OF CONTACT HOURS: 1.0

DATE: 11/15/2023 LOCATION: CentraState Medical Center

Fiesta Clanton, MSN, RN, ACNS-B
 Fiesta Clanton, MSN, RN, ACNS -BC
 Primary Nurse Planner or Nurse Planner of the Activity:
 Name, Credentials

CentraState Medical Center is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P102 9/24

CSMC Department of Nursing

Celebrating Success's: Nursing Leadership in Action

Join CentraState Medical Center Nursing Leadership Experts to learn about Nursing Leadership in the current climate.

Sponsored by: CSMC-Nursing Administration

Cathleen Janzekovich PhD, MA, FHELA, MEDSURG-BC, NEA-BC, Vice President of Patient Care Services/Chief Nursing Officer

Date: Thursday, December 7, 2023

Time: 9:15 AM – 1:45PM

Location: The Landy Family Auditorium

Target Audience: Nursing Leaders (Nurse Managers, Clinical Nurse Leaders, Professional Development)

Topics and Speakers

- **The Role of Healthcare Organizations in the Fight Against Human Trafficking** – Ingrid Johnson, MSN, RN, NE,BC
- Strategic Plan- Cathleen Janzekovich, PhD, MA, FHELA, MEDSURG-BC, NEA-BC
- Improve Nurse Well Being through Workforce Coordination – Ashley Mackiel, MSN, RN & Margaret Kurczeski, MSN, RN, CEN
- **A Tale of 2 Hospitals: How Compassionate Connected Care Improved Outcomes** - Tracey Deaner, MSN, RN, NEA-BC, CPXP
- **Innovative Approaches to Engage Leaders at Conferences**- Annette Keller, BSN, MA, RN, CEN, CNL
- Improving Outcomes- Resuscitation Program - JoAnn Wolfson, DNP, MSN, RN, CCRN
- Nurse Residency - Redesigning a Nurse Residency to a Fundamental Focused Program - Rosanne Wike, MSN, RN, MEDSURG-BC & Jennifer Ochs, MSN, RN, SCRN
- **A Bold New Approach to Mentoring** -Laurie Huryk, MSN, RN, RN-BC

Learning Objectives

Upon completion of this CE activity, the attendees will be able to:

- Identify patients at risk for human trafficking
- Discuss strategies to retain nurses and impact well being
- Describe a practical approach improving patient experience
- Discuss approaches to engage leaders during conference sessions
- Define necessary components for a resuscitation program
- Describe fundamentals of care impacting RN Resident transition to practice
- Identify strategies for successful mentorship

LIGHT BREAKFAST & HOT LUNCH WILL BE PROVIDED

Attendance is required for Nursing Leaders

For additional information regarding this program please contact Ashley Mackiel, Executive Director of Professional Development at 732-294-2798 or amackiel@centrastate.com.



2023 NURSING LEADERSHIP RETREAT

Date: December 7, 2023

Time: 09:15am - 1:45pm (EST)

Location: Landy Family Auditorium

Celebrating Success: Nursing Leadership in Action

Leadership CE Program

Agenda:

TIME	TOPIC	PRESENTER
✓09:15am	Registration	
✓09:30am	Welcome Introduction/Opening Remarks	Ashley Mackiel Cathy Janzekovich
✓09:35am	Organizational Update	Tom Scott
✓09:45am	Creating a Safer State - The Role of Healthcare Organizations in the Fight Against Human Trafficking	Ingrid Johnson
✓10:45am	Mission, Vision, Philosophy/Strategic Plan	Cathy Janzekovich
✓11:00am	Magnet/Workforce - Improved Nurse Well Being through Workforce Coordination	Ashley Mackiel Maggie Kurczeski
✓11:20am	A Tale of Two Hospitals - Hardwiring Compassionate Connected Care to Improve Organizational Outcomes	Tracey Deaner
✓11:40am	Activity - Innovative Approaches to Engage Leaders at Conferences	Annette Keller
✓12:10pm	Creating a Hospital Based Resuscitation and Code Review Program	Laurie Gambardella JoAnn Wolfson
✓12:30pm	Nurse Residency - Redesigning a Nurse Residency to a Fundamental Focused Program	Rosanne Wike Jennifer Ochs
✓12:50pm	A Bold New Approach to Mentoring	Laurie Huryk Kimberly Velez
✓1:00pm	Evaluations/Final Remarks	Ashley Mackiel Cathy Janzekovich
✓1:15pm	Enjoy Lunch with Colleague's	
✓1:45pm	Thank you for your Participation in our Program!	



901 West Main Street Freehold NJ 07728

Certificate

THIS IS TO CERTIFY

Vicki Branstetter

HAS SUCCESSFULLY COMPLETED

TITLE OF ACTIVITY: Celebrating Success: Nursing Leadership in Action

#OF CONTACT HOURS: 3.75

DATE: December 07, 2023 LOCATION: Freehold, New Jersey 07728

Fiesta Clanton, MSN, RN, ACNS-B
 Fiesta Clanton, MSN, RN, ACNS-BC

**Primary Nurse Planner or Nurse Planner of the Activity:
 Name, Credentials**

CentraState Medical Center is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P102 9/24



**CentraState
Healthcare System[®]**
ATLANTIC HEALTH SYSTEM PARTNER



**NEW JERSEY STATE NURSES ASSOCIATION
INDIVIDUAL ACTIVITY APPLICANT CERTIFICATE**

THIS IS TO CERTIFY

Vicki Branstetter

HAS SUCCESSFULLY COMPLETED

TITLE OF ACTIVITY: Implicit Bias, Prejudice and Stereotype Workshop

CONDUCTED BY:

Name of Organization: CentraState Medical Center **Date:** January 11, 2024

Address: 901 West Main Street **Approval Number:** 011124

Location of Educational Activity:

Freehold, New Jersey 07728
(City and State)

Contact Hours: 2.0

Fiesta Clanton MSN, RN, ACNS-BC
Fiesta Clanton MSN, RN, ACNS-BC
Nurse Planner Name and Credentials

This nursing continuing professional development activity was approved by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P102 9/24

BASIC LIFE SUPPORT

BLS Provider



American
Heart
Association.

RECEIVED

SEP 24 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Vicki Branstetter

has successfully completed the cognitive and skills evaluations
in accordance with the curriculum of the American Heart Association
Basic Life Support (CPR and AED) Program.

Issue Date

7/29/2024

Renew By

07/2026

Training Center Name

CentraState Healthcare System

Instructor Name

Kathy prybylski

Training Center ID

NJ00020

Instructor ID

02112270122

Training Center City, State

Freehold, NJ

eCard Code

255411871922

**Training Center Phone
Number**

(732) 637-6377

QR Code



Training Site Name

To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to www.heart.org/cpr/mycards.

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SEP 24 2024

OKLAHOMA STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION

901 West Main Street, Freehold New Jersey 07728

Certificate

THIS IS TO CERTIFY

Vicki Bramstetter

HAS SUCCESSFULLY COMPLETED

TITLE OF ACTIVITY: 10 WARNING SIGNS OF ALZHEIMER'S DISEASE

OF CONTACT HOURS: 1.0

DATE: August 28, 2024

LOCATION: CentraState Medical Center

Fiesta Clanton, MSN, RN, ACNS-B

Fiesta Clanton, MSN, RN, ACNS-BC

Primary Nurse Planner or Nurse Planner of the Activity:
Name, Credentials

CentraState Medical Center is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P 102 9/23-26



Search CEUfast



Menu

⚠ This course may not be applicable for your State and/or Profession. Visit our course catalog.

🏠 Course Library

AIDS/HIV One Hour, Current Evidence Based Practice

1 Contact Hour including 1 Advanced Pharmacology Hour

Start Course

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OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Listen to Audio

This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Athletic Trainer (AT/AL), Certified Medication Assistant (CMA), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Nursing Assistant (CNA), Certified Registered Nurse Anesthetist (CRNA), Clinical Nurse Specialist (CNS), Dietetic Technicians, Registered (DTR), Dietitian/Nutritionist (RDN), Electrologist (EO), Home Health Aid (HHA), Licensed Nursing Assistant (LNA), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Medical Assistant (MA), Medication Aide, Midwife (MW), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Podiatrist (PED), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN), Registered Nurse Practitioner, Respiratory Care Practitioner, Respiratory Therapist (RT)

This course will be updated or discontinued on or before Saturday, December 6, 2025



Nationally Accredited

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION



CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#02781. This distant learning-independent format is offered at 0.1 CEUs Intermediate, Categories: Professional Issues & Foundational Knowledge.

AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will know the current recommended treatment for HIV and AIDS based on the accumulated evidence.

RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Objectives

After completing this continuing education course, the participant will be able to:

1. Identify the civil rights of the HIV/AIDS-infected individual and their family/friends.
2. Explain the current prevalence of HIV and AIDS.
3. Describe the modes of transmission of HIV and various strategies to prevent the spread of HIV.
4. Examine the pathophysiologic changes in the human body following HIV infection.
5. Compare and contrast current medication modalities prescribed for the HIV-infected individual.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 12/6/2023



✓ Complete Course

0% COMPLETE

To earn a certificate of completion you have one of two options:

1. Take test and pass with a score of at least 80%
2. Attest that you have read and learned all the course materials.

RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION



CEUfast
NURSING CE

THIS IS TO CERTIFY THAT

Shaunagh Gibbs

HAS SUCCESSFULLY COMPLETED

AIDS/HIV One Hour, Current Evidence Based Practice

ANCC CONTACT HOURS: 1 including

ADVANCED PHARMACOLOGY CONTACT HOURS: 1.00

CEUfast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 2, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUfast, Inc.

ceufast.com

CERTIFICATE ID

10033541

VERIFY AUTHENTICITY

Scan QR code OR visit
CEUfast.com/verify





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Menu

⚠ This course may not be applicable for your State and/or Profession. Visit our course catalog.

← Course Library

Business Management for the Healthcare Professional

2.5 Contact Hours

Start Course ↓

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OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Listen to Audio ▶

This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Registered Nurse Anesthetist (CRNA), Certified Registered Nurse Practitioner, Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Midwife (MW), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN), Registered Nurse Practitioner, Respiratory Care Practitioner, Respiratory Therapist (RT)

This course will be updated or discontinued on or before Sunday, January 18, 2026



RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Nationally Accredited

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.



CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#9829. This distant learning-independent format is offered at 0.25 CEUs Intermediate, Categories: OT Professional Issues

AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1154890 . Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will know some of the fundamental components of healthcare business management that can be applied at any level across the healthcare continuum and in any area of healthcare administration.

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OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Objectives

After completing this continuing education course, the participant will be able to achieve the following objectives:

1. Identify the fundamental components of business management.
2. Document how each component in the revenue cycle applies to the healthcare business manager.
3. Identify how budgeting affects the revenue cycle.
4. Document examples of ways to calculate staffing hours, staffing ratios, and other components of delivering quality healthcare.
5. List the differences between the cash basis for accounting and the accrual basis for accounting for the healthcare business manager.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 1/18/2024



✓ Complete Course

0% COMPLETE

To earn a certificate of completion you have one of two options:

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Business Management for the Healthcare Professional

ANCC CONTACT HOURS: 2.5

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September 2, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUfast, Inc.

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← Course Library

Allergy versus side effects: The Confusion Must Stop

1 Contact Hour including 1 Advanced Pharmacology Hour

Start Course ↓

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This peer reviewed course is applicable for the following professions:

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This course will be updated or discontinued on or before Thursday, September 18, 2025



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CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

Outcomes

≥92% of participants will know how to prevent and manage allergic reactions and side effects.

Objectives

After completing this course, the learner will be able to:

1. Identify the types of adverse drug reactions.
2. Describe how drugs and their metabolites become active allergens.
3. Examine type A and type B adverse drug reactions.
4. Differentiate between anaphylactic and anaphylactoid reactions.
5. Compare and contrast allergic reactions and side effects.
6. Explain the management and prevention strategies for allergic reactions and side effects.

7. Develop a plan of action for patients presenting with symptoms of a medical emergency.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 9/29/2023



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Author: Berthina Coleman (MD, BSN, RN)

Definition of Terms

Side Effects

Side effects are the secondary and undesired effects of a drug (Sandritter et al., 2020). These are expected reactions that occur with administering a drug and every patient receiving that drug is at risk for experiencing side effects. Examples of side effects include drowsiness with

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Allergy versus side effects: The Confusion Must Stop

ANCC CONTACT HOURS: 1 including

ADVANCED PHARMACOLOGY CONTACT HOURS: 1.00

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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Assaultive Behavior and Workplace Violence

2 Contact Hours

Start Course ↓

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This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Athletic Trainer (AT/AL), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Registered Nurse Anesthetist (CRNA), Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Medical Assistant (MA), Midwife (MW), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN), Registered Nurse Practitioner, Respiratory Care Practitioner, Respiratory Therapist (RT)

This course will be updated or discontinued on or before Wednesday, May 6, 2026.

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CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#10193. This distant learning-independent format is offered at 0.2 CEUs Intermediate, Categories: OT Professional Issues.

AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1204500. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will know the extent and types of workplace violence in healthcare with methods of preventing and mitigating future events.

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Objectives

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Following completion of the course, the participant will be able to:

1. Classify assaultive behaviors, including peer-to-peer incivility.
2. Assess assault risk assessment tools.
3. Illustrate how to mitigate agitation.
4. Explain coping strategies and emotional safety.
5. Relate harm reduction strategies in the workplace.
6. Outline ways to utilize clinical judgment in violent situations.

**This material does not cover physical or chemical restraint guidelines.*

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 5/6/2024



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Assaultive Behavior and Workplace Violence

ANCC CONTACT HOURS: 2

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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Breastfeeding

3 Contact Hours

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This peer reviewed course is applicable for the following professions:

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This course will be updated or discontinued on or before Monday, May 5, 2025



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AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.

Outcomes

This course is designed to provide quality and current information about the benefits and challenges of breastfeeding so that healthcare professionals can assist lactating women in making and reaching breastfeeding goals.

Objectives

Upon completion of this course, the learner will be able to:

1. Explain the benefits of breastfeeding regarding infant health and development, maternal health, and broader global benefits.

2. Identify laws and initiatives that aim to preserve and promote breastfeeding.
3. Recognize hospital or birth center practices and policies that promote breastfeeding.
4. Describe four steps facilities can take to reach Baby-Friendly status.
5. Characterize potential barriers to breastfeeding.
6. Categorize clients who are most at risk of experiencing barriers to breastfeeding.
7. Summarize the physiology behind lactation at various stages of infant feeding.
8. Outline how to assess infant positioning, latch, and signs of effective milk transfer.
9. Assess for and design individualized solutions for common problems encountered by breastfeeding mother-infant dyads.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 8/29/2023



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Breastfeeding

ANCC CONTACT HOURS: 3

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September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUfast, Inc.

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COVID-19: Current Practice Guidelines

2 Contact Hours including 2 Advanced Pharmacology Hours

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This peer reviewed course is applicable for the following professions:

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This course will be updated or discontinued on or before Friday, November 15, 2024



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FPTA Approval: CE24-926863. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will understand the current recommendations and guidelines in the overall management of Covid-19.

Objectives

After completing this continuing education course, the learner will be able to:

1. Recognize the latest updates on the clinical evaluation of COVID-19 patients, SARS-CoV-2 variants, and disease transmission.
2. Identify the latest recommendations for disease prevention and limiting disease transmission.
3. Identify the current variants' unique characteristics and how they affect clinical presentation.
4. Outline vaccination strategies for COVID-19.

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Last Updated: 6/13/2024

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rs: Jassin Jouria (MD) , Alyssa King (DNP, APRN, CPNP-PC, PMHNP-BC, CLC, CNE)

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COVID-19: Current Practice Guidelines

ANCC CONTACT HOURS: 2 including

ADVANCED PHARMACOLOGY CONTACT HOURS: 2.00

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September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUfast, Inc.

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Ethics for Healthcare Professionals

2 Contact Hours

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This course will be updated or discontinued on or before Friday, August 8, 2025



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CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#03290. This distant learning-independent format is offered at 0.2 CEUs Intermediate, Categories: Professional Issues.

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FPTA Approval:CE24-658715. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will be able to apply ethical principles in decision-making.

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Objectives

Upon completion of this course, the participant will be able to achieve the following objectives:

1. Define four ethical principles commonly affecting healthcare professionals.
2. Relate four causes of ethical dilemmas for healthcare professionals.
3. Describe theories of ethical decision-making.
4. Differentiate between capacity and competency when assessing an individual's decision-making capacity.
5. Outline three benefits of advanced care planning

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 10/18/2023



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Ethics for Healthcare Professionals

ANCC CONTACT HOURS: 2

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September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
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Infection Control and Barrier Precautions

2.5 Contact Hours

Does not meet NYSED requirements

Start Course ⌵

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This course will be updated or discontinued on or before Saturday, September 20, 2025



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AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1095980. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥92% of participants will know basic infection control procedures and techniques.

Objectives

After completing this course, the learner will be able to:

1. Explain critical definitions related to infection control.
2. Explain the components of various infection precautions.
3. Evaluate when specific PPE should be used.
4. Summarize risk factors that increase susceptibility to various infections.
5. Specify signs and symptoms of various infections.

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Last Updated: 9/20/2023



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Infection Control and Barrier Precautions

Does not meet NYSED requirements

ANCC CONTACT HOURS: 2.5

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September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
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Obesity and Pregnancy

1 Contact Hour

[Start Course](#)

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This peer reviewed course is applicable for the following professions:

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This course will be updated or discontinued on or before Friday, November 15, 2024



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CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

Outcomes

Participants will understand how to care for the obese pregnant woman.

Objectives

After completing this continuing education course, the participant will be able to:

1. Identify why maternal obesity is a pregnancy risk.
2. List ways that obesity can impact the woman during pregnancy.
3. Identify how obesity can impact the fetus during pregnancy and delivery.
4. Identify how obesity can affect the woman and child after birth.
5. List ways the woman can improve her health outcomes.
6. Plan care of the obese woman in labor and delivery.

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Last Updated: 6/21/2022



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OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION**Author:** Kelly LaMonica (DNP(c), MSN, RNC-OB, EFM)

Background

According to the National Health and Nutrition Examination Survey, 33.4% of women 20 to 34 years of age are obese, and 58.4% are overweight (ACOG, 2015). Obesity is a commonly overlooked medical problem in pregnant women. Obese women have increased risks for maternal and perinatal complications (Ramsey and Schenken, 2019). Up to 25% of all pregnancy complications such as gestational hypertension, preeclampsia, gestational diabetes, and preterm birth may be related to maternal obesity (Ramsey and Schenken, 2019).

Risks During Pregnancy

Overall severe maternal morbidity and mortality (SMM) rates increase with increased body mass index (BMI). The higher the BMI, the greater the rate of SMM (Lisonkova et al., 2017). Once pregnant, there are risks associated with obesity. Obese women have a significant increase in early pregnancy loss. Diabetes is another complication that can affect a pregnant woman. An obese woman without recent testing may have undiagnosed type 2 diabetes. Gestational diabetes (diabetes that has an onset during pregnancy) is significantly higher in obese women. Gestational diabetes and type 2 diabetes can lead to additional maternal and

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Obesity and Pregnancy

ANCC CONTACT HOURS: 1

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September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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Organ and Tissue Donation



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Organ and Tissue Donation

1 Contact Hour

Not approved for New Jersey requirements.

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his course will be updated or discontinued on or before Friday, April 25, 2025



Organ and Tissue Donation

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OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION**Outcomes**

≥ 92% of participants will know the organ donation requirements, process, and nursing role.

Objectives

After completing this continuing education course, the learner will be able to:

1. Describe the types of organs and tissues that may be donated.
2. Elaborate on the role of the organ procurement organization.
3. Outline the organ and tissue donation and recovery process.
4. Identify strategies to prevent and treat organ/tissue rejection.
5. Summarize the healthcare professional's role concerning organ and tissue donation.

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Shaunagh Gibbs

HAS SUCCESSFULLY COMPLETED

Organ and Tissue Donation

Not approved for New Jersey requirements.

ANCC CONTACT HOURS: 1

CEUfast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUfast, Inc.

ceufast.com

CERTIFICATE ID

10037316

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← Course Library

The Effects of Tobacco Use

1 Contact Hour

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OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Athletic Trainer (AT/AL), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Registered Nurse Practitioner, Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Midwife (MW), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN), Respiratory Care Practitioner, Respiratory Therapist (RT)

This course will be updated or discontinued on or before Friday, August 15, 2025



RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Nationally Accredited

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.



CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#08439. This distant learning-independent format is offered at 0.1 CEUs Intermediate, Categories: OT Foundational Knowledge
AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1092886 . Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes



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Shaunagh Gibbs

HAS SUCCESSFULLY COMPLETED

The Effects of Tobacco Use

ANCC CONTACT HOURS: 1

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

ceufast.com

CERTIFICATE ID

10037301

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Urinary Tract Infections (UTIs)

2 Contact Hours

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OCT 04 2024

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MEDICAL LICENSURE
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Start Course ↓

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This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Athletic Trainer (AT/AL), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Registered Nurse Practitioner, Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Midwife (MW), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN), Registered Nurse Practitioner

This course will be updated or discontinued on or before Monday, February 23, 2026



RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
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AND SUPERVISION

Nationally Accredited

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.



CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID#9758. This distant learning-independent format is offered at 0.2 CEUs Intermediate, Categories: OT Foundational Knowledge
AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1175500. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will know the seriousness of the disease's processes, etiology, and how to implement patient care.

Objectives

Following the completion of this continuing education activity, the participant will be able to:

1. Differentiate between the types and locations of urinary tract infections (UTIs).
2. Discriminate between uncomplicated and complicated UTIs.
3. Outline manifestations of a UTI in at-risk populations.
4. Demonstrate knowledge of ways to prevent UTIs.
5. Describe testing methods for a UTI.
6. Recall the most common uropathogenic species.
7. Assimilate and support the concepts of antimicrobial stewardship into practice.

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OCT 04 2024

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CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 2/23/2024



✓ Complete Course

0% COMPLETE

To earn a certificate of completion you have one of two options:

1. Take test and pass with a score of at least 80%
2. Attest that you have read and learned all the course materials.

(NOTE: Some approval agencies and organizations require you to take a test and "No Test" is NOT an option.)

RECEIVED

OCT 04 2024

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Urinary Tract Infections (UTIs)

ANCC CONTACT HOURS: 2

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 3, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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CERTIFICATE ID

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Calling The Doctor Should Not Be This



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← Course Library

Calling The Doctor Should Not Be This Hard

1 Contact Hour

Start Course ↓

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his peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Certified Nurse Midwife, Certified Nurse Practitioner, Certified Registered Nurse Anesthetist (CRNA), Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Midwife (MW), Nursing Student, Registered Nurse (RN), Registered Nurse Practitioner

his course will be updated or discontinued on or before Monday, January 26, 2026

RECEIVED

OCT 04 2024

OKLAHOMA STATE BOARD OF
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AND SUPERVISION



Calling The Doctor Should Not Be This Hard



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OCT 04 2024

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ationally Accredited

EUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number P0274.

Outcomes

≥ 92% of participants will know the strategies to improve communication with providers.

Objectives

After completing this course, the participant will be able to:

1. Describe the root causes of sentinel events.
2. Explain how healthcare professionals' communication affects patient outcomes.
3. List two communication techniques used to enhance nurse-physician communication.
4. Define SBAR to be used in the clinical setting.
5. Define CUS to be used in the clinical setting.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing,

**To earn a certificate of completion you have one of two options:**

1. Take test and pass with a score of at least 80%
2. Attest that you have read and learned all the course materials.

(NOTE: Some approval agencies and organizations require you to take a test and "No Test" is NOT an option.)

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MEDICAL LICENSURE
AND SUPERVISION

/ 00:49



Author: Kelly LaMonica (DNP(c), MSN, RNC-OB, EFM)

Introduction

Nurses and physicians are the two largest groups in the healthcare field that work closely together to save lives and ensure positive patient outcomes. However, the hierarchical nature of the healthcare system and the stark differences in their training can sometimes make communication between these two groups perilous. A 2016 study within U.S. hospitals found that up to 30% of all malpractice cases (resulting in 1,744 deaths and \$1.7 billion in costs) were due to communication failures (The Joint Commission, 2017).

This article will summarize the foundational studies that led to the study of communication between nurses and physicians and how it affects patient care. Please note that for the purpose of this article, we will refer to most "physicians" as the providers, not as an attempt to overemphasize the role of physicians in today's medical environment but rather as an attempt to accurately quote the original papers which examined this relationship.

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Calling The Doctor Should Not Be This Hard

ANCC CONTACT HOURS: 1

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 9, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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Eating Disorders

2 Contact Hours including 2 Advanced Pharmacology Hours

[Start Course](#)

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This peer reviewed course is applicable for the following professions:

Advanced Practice Registered Nurse (APRN), Athletic Trainer (AT/AL), Clinical Nurse Specialist (CNS), Licensed Practical Nurse (LPN), Licensed Vocational Nurses (LVN), Nursing Student, Occupational Therapist (OT), Occupational Therapist Assistant (OTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Registered Nurse (RN)

This course will be updated or discontinued on or before Saturday, July 5, 2025

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OCT 04 2024

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OCT 04 2024

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CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.



CEUFast, Inc. is an AOTA Provider of professional development, Course approval ID #8758. This distant learning-independent format is offered at 0.2CEUs Intermediate, Categories: OT Foundational Knowledge. AOTA does not endorse specific course content, products, or clinical procedures. AOTA provider number 9757.



CEUFast, Inc. (BOC AP#: P10067) is approved by the Board of Certification, Inc. to provide education to Athletic Trainers (ATs).

FPTA Approval: CE24-1079336. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Outcomes

≥ 92% of participants will understand the six forms, screening tools, and available treatment options for eating disorders.

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OCT 04 2024

Objectives

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MEDICAL LICENSURE
AND SUPERVISION

After completing this continuing education course, the participant will be able to:

1. Differentiate between each of the eating disorder diagnoses.
2. Explain the possible causes for eating disorders.
3. Identify the screening tools for assessment for eating disorders.
4. Interpret the clinical features often found with eating disorders.
5. Determine various medical complications associated with eating disorders.
6. Outline the treatment options available for eating disorders.

CEUFast Inc. and the course planners for this educational activity do not have any relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Last Updated: 3/18/2024



0% COMPLETE



✓ Complete Course

To earn a certificate of completion you have one of two options:

1. Take test and pass with a score of at least 80%
2. Attest that you have read and learned all the course materials.

(NOTE: Some approval agencies and organizations require you to take a test and "No Test" is NOT an option.)

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Eating Disorders

**ANCC CONTACT HOURS: 2 including
ADVANCED PHARMACOLOGY CONTACT HOURS: 2.00**

CEUFast, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider number #P0274.

September 9, 2024

COMPLETION DATE

Julia Tortorice

Julia Tortorice, RN, MSN, EdD, Accreditation
Program Director CEUFast, Inc.

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SEP 12 2024

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AND SUPERVISION

CECPD/Oklahoma Registry
1801 N Moore Ave.
Moore, OK 73160



All Training List

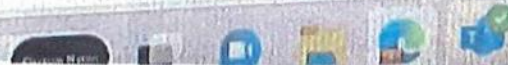
Name: Sara DuBois
Date Printed: 8/26/2024

Registry ID: 136602
Date Expires: 7/2/2025

Current Training List							Includes all Training
Formal							
Event ID	Course Title	Date	Hours	Level	Type	Sponsor	Verified
282573	CDA Pathway Providing for Children's Safety Unit 1	8/13/2024	10.00	Formal	Early Childhood	Caddo Kiowa Technology Center	Yes
312175	2024 Education Pre-Service - Day 4	7/18/2024	5.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312174	2024 Education Pre-Service - Day 3	7/17/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312172	2024 Education Pre-Service - Day 2	7/16/2024	9.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312167	2024 Education Pre-Service - Day 1	7/15/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
298976	Entry Level Child Care Training (ELCCT) On-Line	5/10/2024	20.00	Formal	Early Childhood	Thermacube, LLC	Yes
298958	Reducing the Risk of SIDS/SUID in Child Care (Safe Sleep) - Online	5/8/2024	3.00	Formal	Early Childhood	Thermacube, LLC	Yes
Formal Total:			63.00				
Training Total			63.00				

All Training Grand Total: 63.00

R.E. 72 CEU



Certificate of Completion

Electrologist's Association of California

Certifies to all that

Billie Noa, LE

Has fulfilled the requirements for the lecture(s) listed below

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APR 17 2024

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AND SUPERVISION

08-22-2023 - 0.10 CEUs / 1.0 Hours - Seriously, What? What, you want me to wash my hands?â€•

08-22-2023 - 0.20 CEUs / 2.0 Hours - â€œOne on One Complete Consultationâ€•

08-22-2023 - 0.20 CEUs / 2.0 Hours - â€œWorking with the Transgender Clientâ€•, by

08-30-2023 - 0.20 CEUs / 2.0 Hours - 'Nutritionâ€•

08-30-2023 - 0.20 CEUs / 2.0 Hours - Panel Dissussion: Electrolysis topic covering scenarios that happen in our office,â€•

08-30-2023 - 0.10 CEUs / 1.0 Hours - The History of Electrolysisâ€•

Lisa Rulli
Lisa Rulli, CPE, PRES

mind-body techniques to improve sleep and protect the aging brain.

Participants completing this 6-hour program should be able to:

1. Name aspects of poor sleep in people with anxiety-related disorders.
2. Identify brain-related impairments associated with insufficient sleep.
3. List cognitive-behavioral and mindful approaches to improve sleep.
4. Discuss nutritional approaches to enhance sleep.
5. Cite guidelines for attaining positive sleep habits.

Sleep Deprivation and Anxiety Disorders

- **A Night of Restorative Sleep:** slow-wave sleep, REM sleep, circadian rhythms, and healthy cortisol rhythm; how much sleep we need, and the epidemic of insufficient sleep.
- **How Anxiety-Related Disorders Interfere with Sleep**
 - Generalized Anxiety Disorder
 - Obsessive Compulsive Disorder
 - Posttraumatic Stress Disorder
 - Mixed Anxiety and Depression
- **The Significance of Different Aspects of Sleep Disturbance**
 - Lying Awake for Extended Time Before Sleep Onset
 - Shallow Sleep Indicated By Stage 1 and 2 Slow-Wave Sleep
 - Multiple Awakenings
 - REM Behavior Disorder, Depression and Parkinson's Disease
 - Difficulty Returning to Sleep
 - Total Sleep Time
 - Excessive Daytime Fatigue
- **Cortisol and Stress-Related Symptoms:** cortisol, the adrenal hormone associated with chronic stress, is elevated with sleep deprivation, and is associated with neuro-inflammation and hypertension.
- **Anxiety and the Vigilant Brain:** increased time lying awake; reduced restorative slow-wave sleep and less total sleep.
- **Anxiety and Depression:** anxiety is associated more with difficulty falling asleep whereas depression is related to early awakening with inability to return to sleep; REM sleep occurring at the time of sleep onset and cortisol suppression.
- **Sleep Loss and Memory Impairments:** how insufficient slow-wave or REM sleep impairs short-term memory, long-term memory and memory for habits.
- **Short-Term Memory Consolidation:** elevated cortisol strips hippocampal neurons of their dendrites.
- **Fear, Anxiety and the Sensitized Amygdala:** elevated cortisol enlarges the amygdala, the brain's "watch dog."
- **Regret, Rumination, and "What If" Thinking:** how a region of the frontal lobes sensitive to aging is critical for producing restorative slow-wave sleep and "what if" thinking.
- **Removal of Neurotoxins:** a key function of restorative slow-wave sleep is the removal of waste products, including beta-amyloid and tau, biomarkers of Alzheimer's Disease.

ANXIETY, SLEEP, AND THE BRAIN

NURSES: Institute for Brain Potential (IBP) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6 contact hours.

PSYCHOLOGISTS: Institute for Brain Potential is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Brain Potential maintains responsibility for this program and its content. This program provides 6 CE credits.

COUNSELORS & MARRIAGE AND FAMILY THERAPISTS: Institute for Brain Potential has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6342. Programs that do not qualify for NBCC credit are clearly identified. Institute for Brain Potential is solely responsible for all aspects of the programs. This program provides 6 clock hours of CE credit. Institute for Brain Potential is approved as a provider of continuing education by the OK State Board of Behavioral Health Licensure for 6 CE hours.

SOCIAL WORKERS: Institute for Brain Potential, Provider Number: 1160, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/11/23 - 11/11/26. Social workers completing this course receive 6 clinical continuing education credits.

CHEMICAL DEPENDENCY PROFESSIONALS: This course has been approved by Institute for Brain Potential, as a NAADAC Approved Education Provider, for 6 CEs. NAADAC Provider #102949, Institute for Brain Potential is responsible for all aspects of its programming.

Institute for Brain Potential is approved as a continuing education provider by OK Board of Licensed Alcohol and Drug Counselors, Provider Number: 20200108. This course provides 6 training hours (6.0 CEUs).

PHARMACISTS AND PHARMACY TECHNICIANS: Institute for Brain Potential is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This Knowledge-based activity provides 6 contact hours (0.6 CEUs). UAN: 0492-0000-22-101-L04-P. UAN: 0492-0000-22-101-L04-T.

DENTAL PROFESSIONALS: This program provides 6 hours of continuing education credit. Institute for Brain Potential Nationally Approved PACE Program Provider for FAGD/MAGD credit. Approval does not imply acceptance by any regulatory authority or AGD endorsement. 12/01/18 to 11/30/24. Provider ID# 312413. AGD Subject Code: 153.

OCCUPATIONAL THERAPISTS AND ASSISTANTS: Institute for Brain Potential is an American Occupational Therapy Association (AOTA) Approved Provider, #6050. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. This program provides 0.6 AOTA CEUs or 6 contact hours. Content Level: Intermediate. Content Focus: Domain of OT (Areas of Occupation).

NURSING HOME ADMINISTRATORS: Institute for Brain Potential is a Certified Sponsor of professional continuing education with the NAB and has approved this program for 6 clock hours under its sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

PHYSICAL THERAPISTS AND ASSISTANTS: This program is approved by the OK Board of Medical Licensure and Supervision. This program provides 6 contact hours of CE.

SPEECH-LANGUAGE PATHOLOGISTS: This program is designed to be relevant to speech-language pathologists. Participants will receive a certificate for completing this 6-hour program. Institute for Brain Potential is approved as a CE provider by California Speech-Language Pathology & Audiology Board (SLPAB) and by Florida Board of Speech-Language Pathology and Audiology.

MASSAGE THERAPISTS: Institute for Brain Potential is approved by NCBTMB as a CE Approved Provider, #450939-09. This program provides NCBTMB-approved 6 CE hours.

CASE MANAGERS: This program has been pre-approved by the Commission for Case Manager Certification to provide 6 CE contact hours to CCM@ board certified case managers.

PHYSICIAN ASSISTANTS: This educational activity provides 6 hours of Category 2 CME credits.

ALLIED HEALTH PROFESSIONS: Naturopathic Physicians, Veterinarians, Prosthetists, Orthotists, and Chiropractors receive a Certificate of Completion for this 6-hour program. Please contact your regulatory board to determine course approval.

EDUCATORS: educators in OK can earn 7.5 PD Points for successfully completing this program.

- **A New Approach:** by identifying the parts of the brain that impair sleep, optimal mind-body interventions can be practiced.
- **Calming the Alerting System—Tired But Wired:** exercises that help us habituate to the bedroom by mindfully focusing on thoughts, feelings, and sensations to quiet the reticular formation.
- **Reducing Pain:** mind-body approaches to calm the pain matrix.
- **Reducing Hunger:** hormones that keep us awake; low glycemic snacks that help to relax.
- **Cooling the Environment:** to fall asleep, the body must cool itself by 2 degrees; role of room temperature and the hypothalamus.
- **Resetting Circadian Rhythms:** time markers (light-dark, meal time), cortisol rhythm in sleep-phase disorders (e.g., night owls).
- **Reducing Fear:** calming the amygdala by the slower, wiser frontal cortex by visualizing more realistic expectations.
- **Reducing Rumination:** calming the fronto-polar region involved in "what if" reasoning.
- **Reducing Anticipatory Anxiety:** parts of the prefrontal cortex "invent" the future; how a sleep journal can distance us from thoughts that keep us awake.
- **Cognitive-Behavioral Approaches for Insomnia:** CBT engages the parieto-temporal cortices to modify how we think about sleep; the mindset of stress-resilient people.
- **Mindfulness-Based Sleep Meditation:** unfocused attention (open monitoring) involves non-judgmental awareness of sensations, feelings, and thoughts and diminished activity in anxiety-related brain areas.
- **Food, Neurotransmitters, Hormones and Sleep**
 - GABA, gabapentin, sedation, and lavender.
 - Serotonin, tryptophan, and reducing wakefulness.
 - Melatonin: misuse and use for setting the time of sleep onset.
 - Orexin: selected lipids that act like hypnotics.
 - Cortisol: nutritional and botanical modification.
- **Adopting Brain-Protective Sleep Habits of SuperAgers:** how to attain and maintain positive habits.

ABOUT THE INSTRUCTOR

Michele Okun, Ph.D., a psychologist, teaches and is an Associate Professor of Research in the Department of Psychology, University of Colorado, Colorado Springs. She is an expert in the study of disturbed sleep, inflammation, and depression. Dr. Okun has authored or co-authored over three dozen scientific articles and book chapters and has presented her research as an invited speaker at numerous conferences and lectures in the North America and England.

Dr. Okun, the recipient of many honors and awards, is recognized for teaching excellence. Health professionals recommend her outstanding presentations for her personable and stimulating teaching style presented with clinical wisdom, wit, and warmth. In addition to Q & A in class, Dr. Okun will answer your questions during the second half of the lunch break and by email after the program concludes.

Certificate of Completion

First Nancy MI Last Casteel
 Address _____ City _____ State _____ Zip _____
 License # _____ Seminar Date 09/17/2024 Location of Seminar Tulsa, OK

This is to certify that the individual listed above has attended and has met the required standards of completion for continuing education for the seminar entitled:

Anxiety, Sleep, and the Brain

Presented by Michele L. Okun, PhD

NURSES: Institute for Brain Potential (IBP) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6 contact hours of continuing education credit.

PSYCHOLOGISTS: Institute for Brain Potential is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Brain Potential maintains responsibility for this program and its content. This program provides 6 CE credits.

COUNSELORS & MARRIAGE AND FAMILY THERAPISTS: Institute for Brain Potential has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6342. Institute for Brain Potential is solely responsible for all aspects of the programs. This program provides 6 clock hours of CE credit. Institute for Brain Potential is approved as a provider of continuing education by the Oklahoma State Board of Behavioral Health Licensure. This program provides for 6 hours of continuing education credit.

SOCIAL WORKERS: Institute for Brain Potential, Provider Number: 1160, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/11/23 - 11/11/26. The social worker completing this course received 6 clinical continuing education credits.

CHEMICAL DEPENDENCY PROFESSIONALS: This course has been approved by Institute for Brain Potential, as a NAADAC Approved Education Provider, for 6 CEs. NAADAC Provider #102949, Institute for Brain Potential is responsible for all aspects of its programing.

Institute for Brain Potential is approved as a continuing education provider by OK Board of Licensed Alcohol and Drug Counselors, Provider Number: 20200108. This course provides 6 training hours (6.0 CEUs).



PHARMACISTS AND PHARMACY TECHNICIANS: Institute for Brain Potential is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This Knowledge-based activity provides 6 contact hours (0.6 CEUs). UANs: 0492-0000-22-101-L04-P. UAN: 0492-0000-22-101-L04-T.

DENTAL PROFESSIONALS: Institute for Brain Potential is designated as an Approved PACE Program Provider by the Academy of General Dentistry (AGD). The formal continuing dental education programs of this provider are accepted by the AGD for Fellowship/Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of approval extends from 12/01/18 - 11/30/24. Provider ID# 312413. Subject Code: 557. This program provides 6 hours of CE credit. Verification Code: ASBOK1F24.

OCCUPATIONAL THERAPISTS: Institute for Brain Potential is an AOTA Approved Provider of professional development. PD activity approval ID# 9966. This Live activity is offered at 0.6 CEUs or 6 contact hours (Introductory, OT Service Delivery and Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

NURSING HOME ADMINISTRATORS: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.00 clock hours and 6.00 participant hours. Approval# 20241017-6-A106703-IN.

PHYSICAL THERAPISTS: This program is approved by the OK Board of Medical Licensure and Supervision for 6 contact hours of continuing education credit. CE Broker Tracking # 20-1220630.

SPEECH-LANGUAGE PATHOLOGISTS: Institute for Brain Potential is approved as a provider of CE by CA Speech-Language Pathology & Audiology Board (SLPAB), #PDP247, by Florida Board of Speech-Language Pathology and Audiology, and by Kansas Department of Health and Environment, Provider# LTS S1271. This program provides 6 contact hours.

MASSAGE THERAPISTS: Institute for Brain Potential is approved by NCBTMB as a CE Approved Provider, #450939-09. This course provides NCBTMB-Approved 6 CE hours of credit.

CASE MANAGERS: This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 6 CE contact hours. Activity Code: S00060713. Approval# 240002781. To claim these CEs, log into your CE Center account at www.ccmcertification.org.

PHYSICIAN ASSISTANTS: This certificate of completion signifies that the physician assistant completed this educational activity for 6 hours of Category 2 CME credits.

NATUROPATHIC PHYSICIANS: This certificate of completion signifies that the Naturopathic Physician successfully completed this 6-hour program.

VETERINARIANS: This certificate of completion signifies that the Veterinarian successfully completed this 6-hour program.

PROSTHETISTS: This certificate of completion signifies that the Prosthetist successfully completed this 6-hour program.

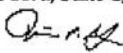
ORTHOTISTS: This certificate of completion signifies that the Orthotist successfully completed this 6-hour program.

CHIROPRACTORS: This certificate of completion signifies that the Chiropractor successfully completed this 6-hour program.

EDUCATORS: This program provides 7.5 PD Points of professional development toward license renewal in OK through a cosponsorship agreement between Institute for Brain Potential and Alliant International University, a regionally accredited institution by the Accrediting Commission for Senior Colleges and Universities. Contact your school district if you need prior approval.

Retain this certificate for your professional records. Do not send a copy of this certificate to your Board unless specifically requested.

INSTITUTE FOR BRAIN POTENTIAL, 245 W Pacheco Blvd, Suite C, Los Banos, CA 93635 • (866) 652-7414 • info@ibpceu.com


 William B. Gordon, Ph.D., President
 Issued: 09/17/2024

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SEP 23 2024

OKLAHOMA STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION

SIX-HOUR LIVE WEBINAR
Wed., Sept. 25, 2024
 (REGISTRATION FORM)
Clinical Update on Alzheimer's Disease and Other Dementias

Please Check One Option Below:
LIVE WEBINAR:
 ___ Wed., Sept. 25, 2024, 11:30 AM – 6:40 PM. (Eastern Time)
 or 10:30 AM – 5:40 PM. (Central Time)
 or 8:30 AM – 3:40 PM. (Pacific Time)

___ \$89 – Pre-Registration Rate: Live Webinar with 6 hours of CE credit.

Registrants will need a computer with a good internet connection and audio speakers (or headphones) to participate in the live Webinar.

___ \$83 – DVD or streaming video available for homestudy credit.
 ___ \$69 – DVD or streaming video only without homestudy test.

*Please note special discounts for homestudy purchase are available for students who are registered for webinars. Please email INR at info@ioccop.com for more information.

Name (please print) _____
 Home Address _____
 City/State _____ Zip _____
 Work Phone _____ Home Phone _____
 Fax _____
 Email _____
 Profession _____ License No. _____
 Pharmacists only: NABP # _____ Date of Birth _____ mm / dd / yy

Payment by (please check one):
 ___ Check for \$ _____ (Please make check payable to INR.)
 Charge the amount of \$ _____
 to my ___ Visa ___ MasterCard ___ American Express® ___ Discover®
 Card # _____ Exp Date _____ CVV _____
 Signature _____

There are **four** ways to register:
 1) Internet: www.INRseminars.com
 2) Mail: INR, P.O. Box 5757, Concord, CA 94524-0757
 (Make check payable to INR.)
 3) Fax: (925) 363-7798
 4) Phone: 1-800-937-6878

Inquiries for Customer Service: 1-877-246-6336 or (925) 609-2820
 Purchase orders are accepted. Tax Identification No. 94-2948967

ACCREDITATION

To obtain the 6 contact hours associated with this course, the health care professional will need to sign in, attend the course, and complete program evaluation forms. At the end of the program, the health care professional successfully completing the course will receive a statement of credit. This is an intermediate-level course.

Nurses (RN, RN, LPN)
 Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6 contact hours for nurses and includes one Rx contact hour of pharmacology CE. INR has been accredited as a continuing education provider by the Florida Board of Nursing (#50-2025-1), the Iowa Board of Nursing (#2069) for 6 contact hours, and the California Board of Registered Nursing (CER #061136) and the Kansas Board of Nursing (#L10140-0927) for 7.2 contact hours.

DENTAL PROFESSIONALISTS
 INR is an ADA/CERP Recognized Provider. ADA/CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. INR designates this activity for 6 hours of continuing education credit.

PHARMACISTS
 Institute for Natural Resources is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number for this course is 0751-0000-22-113-L01-P. This is a knowledge-based CPE activity.

PSYCHOLOGISTS
 Under CE Broker # 80-3028, INR is an approved provider by the Florida Board of Psychology. The Institute for Natural Resources (INR) is approved by the CPA/OPD to sponsor continuing professional education for psychologists. INR maintains responsibility for this program and its content. Psychologists must attend the seminar in its entirety and complete the course evaluation in order to receive credit. Under License #PSY000214, the Pennsylvania Board of Psychology has approved INR as a sponsor/provider of CE programs. Under Sponsor #298 000096, the Illinois Dept of Prof Regulation for Psychological Licensing and Disciplinary Boards has approved INR as a CE sponsor. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Psychology as an approved provider of continuing education for licensed psychologists. This program has been approved by the Massachusetts Board of Psychology for 6 continuing education hours.

MENTAL HEALTH COUNSELORS, MFTs, & SOCIAL WORKERS
 Institute for Natural Resources has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7156. Programs that do not qualify for NBCC credit are clearly identified. Institute for Natural Resources is solely responsible for all aspects of the programs.

Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, RMHC-0089. Under Sponsor #00089989 and Approval #90007969465, CRCC has approved this course for six contact hours. Under Sponsor #197-000240, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for professional/counselors. Institute for Natural Resources (INR) is recognized by the NY SED State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. IMFT-0056. Under Sponsor #168.000243, the Illinois Dept of Prof Regulation has approved INR as a CE sponsor for marriage and family therapists. Under CE approval #INCEP2021, the Nevada Board of Examiners for MFT and CPC has approved INR as a sponsor. Institute for Natural Resources, #1356, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Institute for Natural Resources maintains responsibility for this course. ACE provider approval period: 02/28/2022 – 02/28/2025. Social workers completing this course receive 6 clinical continuing education credits. Institute for Natural Resources (INR), SW CPE is recognized by the NY SED State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. The California Board of Behavioral Sciences will accept courses approved by ASWB. INR is approved by the NAADAC Approved Education Provider Program, Provider #16246.

OCCUPATIONAL THERAPISTS & OTAs
 INR is an AOTA/Approved Provider of professional development, PD activity approval ID #4892. This distance learning - interactive activity is offered at 0.6 AOTA CEUs, introductory education level, foundational knowledge category. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

PHYSICAL THERAPISTS & PTAs
 The Florida Physical Therapy Association has approved this course for 6 contact hours (Approval #CE 24-877861) Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors. INR is recognized as an approved agency to approve providers offering continuing competency courses by the Physical Therapy Board of California. This course has been approved by the Institute for Natural Resources (INR) for 6 continuing competency units. INR has New Jersey State Board of Physical Therapy Examiners Approval #2301-97.

CASE MANAGERS
 This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCM).

NURSING HOME ADMINISTRATORS (Distance Learning)
 This program has been submitted for Continuing Education through NABINCERS for 8 total participant hours from NABINCERS. Please visit <https://www.nabweb.org/instruction/continuing-education> and choose "NAB Approved CE Database" for the most current approved courses.

MASSAGE THERAPISTS
 Institute for Natural Resources is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. Provider #1018 is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the State of New York for license renewal.

ACCREDITATION (cont. d)

OTHER HEALTH PROFESSIONALS
 Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credit, participants should contact their respective regulatory boards.



SCHEDULE

Please see the Registration Form for the seminar schedule.
 Please register early. Space is limited. Registrations are subject to cancellation after the scheduled start time. A transfer can be made from one Webinar to another if space is available. Registrants cancelling up to 72 hours before a Webinar will receive a tuition refund less a \$25.00 administrative fee or, if requested, a full-value voucher, good for one year, for a future Webinar. Cancellation or voucher requests must be made in writing. If a Webinar cannot be held for reasons beyond the control of the sponsor (e.g., acts of God), the registrant will receive free admission to a rescheduled Webinar or a full-value voucher, good for one year, for a future Webinar. A \$25.00 service charge applies to each returned check. Nonpayment of full tuition may, at the sponsor's option, result in cancellation of CE credits issued. The syllabus is not available for separate purchase. Fees subject to change without notice.

SPONSOR

INR (Institute for Natural Resources) is a non-profit scientific organization dedicated to research and education in the fields of science and medicine. INR is the nation's largest provider of live continuing education programs, offering over 600 live programs yearly.

INR has no ties to any ineligible organizations and sells no products of any kind, except educational materials. Neither INR nor any instructor has a material or other financial relationship with any health care-related business that may be mentioned in an educational program. If INR were ever to use an instructor who had a material or other financial relationship with an entity mentioned in an educational program, that relationship would be disclosed at the beginning of the program. INR takes all steps to ensure that all relevant program decisions are made free of the control of a commercial interest as defined in applicable regulatory policies, standards, and guidelines. INR does not solicit or receive gifts or grants from any source, has no connection with any religious or political entities, and is totally supported by its course tuition.

INR's address and other contact information follows:
 P.O. Box 5757, Concord, CA 94524-0757
 Customer service: 1-877-246-6336 or (925) 609-2820
 Fax: (925) 363-7798
 E-Mail: info@inrseminars.com; website, www.INRseminars.com
 Tax Identification Number 94-2948967

Education expenses (including enrollment fees, books, tapes, travel costs) may be deductible if they improve or maintain professional skills. Treas. Reg. Sec. 1.162-5. Recording of the seminar, or any portion, by any means is strictly prohibited. INR's liability to any registrant for any reason shall not exceed the amount of tuition paid by such registrant.

For American Disability Act (ADA) accommodations or for addressing a grievance, please send the request by email to info@inrseminars.com or by fax to (925) 363-7798. For ADA matters (including sign-language interpreters), INR would appreciate advance notice so as to ensure our ability to provide the appropriate accommodation.

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SEP 23 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION**Clinical Update on
Alzheimer's Disease
and Other Dementias****Frequently Asked Questions****Q: What do I have to do to complete the live Webinar successfully?**

To obtain the 6 contact hours associated with this course, the health professional will need to sign-in (by typing in the chat-box), attend the course online, and complete the program evaluation form and post-test electronically. At the end of the program, after all the evaluation and post-tests are accounted for, the health professional successfully completing the program will receive a statement of credit. This will take approximately 3 to 5 business days. This is an intermediate-level course.

Q: How will I know that my profession qualifies for continuing education credit? Please see the section marked Accreditation. All professions for which INR (Institute for Natural Resources) has approval are listed in the Accreditation section.**Q: What happens if I have technical difficulties watching or hearing a Webinar? You can transfer the tuition paid to another Webinar within two years or request a recording within 3 to 5 days to complete the webinar ASAP for live credit.****Q: My profession is not listed on the brochure. Is it possible to obtain continuing-education credit? Possibly. Please contact INR's customer-service office at 1-877 246-6336 or by email at info@biocorp.com. The customer-service office can tell you if INR has approval for your profession.****COURSE SUMMARY**

Brain functioning and behavior can be disrupted to a point at which an individual is unable to perform normal activities. Cognition can be impaired. Damaging proteins can impair and destroy neurons.

The six-hour educational program, "Clinical Update on Alzheimer's Disease and Other Dementias," will focus on detection and treatment of cognitive decline. Clinical dementia will be compared with age associated memory impairment. The program will show that many, if not most, people with dementia have more than one disorder causing the condition.

The course will provide a detailed discussion of the large number of conditions that can produce dementia but can also be significantly improved or even reversed. Specifically, the course will examine such conditions as traumatic brain injury, stroke, sleep disorders, and metabolic disorders.

The course will cover in detail such phenomena as vascular dementia, mad cow disease, Huntington's disease, and Parkinson's disease.

The course will have a clinical update on the most prevalent of the progressive dementias and of Alzheimer's disease.

Disclaimer: These live interactive INR presentations provide continuing education for health care and mental health professionals with the understanding that each participant is responsible to utilize the information gained in an appropriate manner congruent with his/her/their scope of licenses. Furthermore, the contents of these presentations are relevant to graduate level counselors; The presenter teaching the program has an advanced degree in the mental health field.

PROGRAM/LECTURE

Registration: 7:45 AM – 8:30 AM

Morning Lecture: 8:30 AM – 10:00 AM

- Basics of Brain Structure and Function: Normal Brain Aging and Cognitive Changes.
- Why Can't I Remember? Age-Associated Memory Impairment and Mild Cognitive Impairment.
- Super-Agers and Centenarians: Preserving Brain Function into Advanced Old Age.
- Defining the Terms: Common Forms of Dementia (Alzheimer's, Vascular Dementia, Fronto-Temporal Dementia.)
- Secondary Dementia Syndromes: Depression, Metabolic Disorders, and HIV-Associated Dementia

Mid-Morning Lecture: 10:00 AM – 11:30 AM

- When the Cure is Worse than the Disease: Medications That Can Cause Cognitive Dysfunction.
- Sleep Disorders and Delirium: Confounding the Diagnosis of Dementia.
- Reducing the Risk for Vascular Disease and Stroke: Controlling HTN, Diabetes, and Lipid Disorders.
- Traumatic Brain Injury, Chronic Traumatic Encephalopathy, and Subdural Hematomas: Pathophysiology and Prevention.
- Alcohol Dementia Syndrome and Wernicke-Korsakoff Syndrome: Effects of Alcohol Abuse and Poor Nutrition.

Lunch: 11:30 AM – 12:20 PM

Afternoon Lecture: 12:20 PM – 2:00 PM

- Vascular Dementias: Small Vessel Disease and Stroke.
- Less Common Causes of Dementia: Progressive Supranuclear Palsy, Variant Creutzfeldt-Jakob Disease, Heavy Metal Toxicity, and Huntington's Disease.
- Movement Disorders and Dementia: Parkinson's Disease, Lewy Body Dementia, Normal Pressure Hydrocephalus.
- Alzheimer's Disease: Signs and Symptoms, Clinical Course, and Current Treatment Options.
- Genetic Considerations in Alzheimer's: APOE4, Genetic Testing, Family History, and Age of Onset.
- Forgotten Factors in Dementia Risk: Body Weight, Poor Diet, Mental Stimulation, and Cardiovascular Disease.

PROGRAM (cont.)

Mid-Afternoon Lecture: 2:00 PM – 3:20 PM

- The Diagnostic Evaluation of Dementia: History, Neurologic Exam, Laboratory Testing, Imaging Studies, and Neuropsychological Testing.
- Behavioral Treatments and Challenges of Caregiving: Coping with Sundowning and Agitation.
- Inflammation, Gum Disease, and Alzheimer's: Awareness and Prevention.
- Caring for the Dental Patient with Dementia: Preventive Care and Hygiene, and Scheduling Concerns.
- Current Directions in Alzheimer's Research: Searching for Effective Treatments.

Evaluation, Questions, and Answers: 3:20 PM – 3:40 PM

LEARNING OBJECTIVES

Participants completing this course will be able to:

- 1) describe the differences between normal and abnormal brain aging.
- 2) list measures to preserve brain function and reduce the risk for cognitive decline.
- 3) define dementia and describe common dementia syndromes.
- 4) describe the major characteristics of and treatments for Alzheimer's disease.
- 5) list medications and common clinical conditions that can cause dementia-like symptoms.
- 6) describe how the information in this course can be utilized to improve patient care and patient outcomes.
- 7) describe, for this course, the implications for nursing, dentistry, mental health, and other health care professions.

INSTRUCTOR

Dr. R.S. Hullon (M.D., J.D.) is a full-time physician-lecturer for INR. Dr. Hullon is a physician and surgeon specializing in trauma and orthopedics. His medical experience includes diagnosis and treatment of infectious diseases, neurological disorders, neurodegenerative diseases (multiple sclerosis, Parkinson's, and Alzheimer's diseases) and psychiatric disorders (personality and mood disorders). His medical experience also includes diagnostic laboratory work, particularly in hematology.

Dr. Hullon has had extensive surgical experience in trauma management and orthopedics and has published papers on head, back, and knee disorders and pain medications. He has also studied bovine spongiform encephalopathy (BSE or mad cow disease) and the medical and legal implications of this disease.

INR reserves the right to change instructors without prior notice. Every instructor is either a compensated employee or independent contractor of INR.

SYSTEM REQUIREMENTS

For system requirements to participate in INR's live webinars, please visit Zoom's website at <https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux>.

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INSTITUTE FOR NATURAL RESOURCES (INR)

P.O. Box 5757 ♦ Concord, CA USA 94524-0757 ♦ TEL (925) 609-2820 ♦ FAX (925) 363-7798

STATEMENT OF CREDIT

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SEP 23 2024

OKLAHOMA STATE BOARD OF
MEDICAL LICENSURE
AND SUPERVISION

Course Completion Date: August 28, 2024

Prof. EL

Lic. # RE57

NANCY CASTEEL

2330 TUXEDO

BARTLESVILLE, OK 74006

Continuing education credit information is listed below:

Course Title Clinical Update on Alzheimer's Disease & Other Dementias – DVD

Course Number 3480 Location Home Study/Correspondence

PROFESSIONAL CREDIT/ CONTACT HOURS: For approval information and hours of continuing education credit, please find your profession below.

NURSES (6 CONTACT HOURS): Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses-Credentialing Center's Commission on Accreditation. This program provides 6 contact hours for nurses, including one contact hour of pharmacology/pharmacotherapeutics for nurse practitioners.

Under Sponsor #236-000045, the Illinois Department of Professional Regulation has approved INR as a sponsor of continuing nursing education. INR has been accredited as a continuing education provider by the California Board of Nursing (CEP #06136), the Florida Board of Nursing (#FBN 2139), the Iowa Board of Nursing (#288), and Kansas Board of Nursing (LT0140-0927).

PHARMACISTS & PHARMACY TECHNICIANS (6 CONTACT HOURS): This statement contains information provided to NABP from the Accreditation Council for Pharmacy Education (ACPE) via CPE Monitor ®. ACPE policy states paper and/or electronic statements of credit may no longer be distributed directly to learners as proof of ACPE credit. The official record of credit may be located in the learner's e-profile in CPE Monitor ®.

DIETITIANS (6 HOURS): This program awards 6 CPEUs in accordance with the Commission on Dietetic Registrations provider programs. CDR accepts enduring activities from CPE providers accredited by CDR-approved organizations accredited by ACPE (Accreditation Council for Pharmacy Education) and ANCC (American Nurses Credentialing Center). Enduring CPE is a self-paced activity that endures over a specified time and includes methods for providing informal feedback or formal feedback and assessment to the learner or learners. Activity Type 742: CPEU Eligible Enduring

MASSAGE THERAPISTS (6 CONTACT HOURS): Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Massage Therapy to provide continuing education courses. Institute for Natural Resources is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider, Provider #299936-00, and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the State of New York for license renewal.

ACUPUNCTURISTS (6 CONTACT HOURS): This course has been approved by the California Acupuncture Board, Provider Number 1486, for 6 hours of Category 1 continuing education credit in distance learning. Licensees must retain the certificate for at least four (4) years from the date of the completion of the program.

OTHER HEALTH PROFESSIONALS (6 CONTACT HOURS): Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credits, participants should contact their respective regulatory boards.

Richard S. Colman

RICHARD S. COLMAN, Ph.D., Program Administrator, August 28, 2024



INSTITUTE FOR NATURAL RESOURCES (INR)

P.O. Box 5757 ♦ Concord, CA USA 94524-0757 ♦ TEL (925) 609-2820 ♦ FAX (925) 687-0860

STATEMENT OF CREDIT

JULIANNE BUSHONG-CLARK
 Prof. EL
 License 71
 Class Code: W20240922CT
 Instructor: Dr. Todd Pressman, PhD

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OCT 14 2024

OKLAHOMA STATE BOARD OF
 MEDICAL LICENSURE
 AND SUPERVISION

PROGRAM TITLE: **DECONSTRUCTING ANXIETY AND CONQUERING FEAR**
 (Live Interactive Webinar)

September 22, 2024
 Date

Webinar 8:30AM-3:40PM (CT)
 Location

Continuing credit information is listed below. This course is presented in a live interactive format.

REGISTERED NURSES (RNs), NURSE PRACTITIONERS (NPs), LICENSED VOCATIONAL NURSES (LVN's), & LICENSED PRACTICAL NURSES (LPNs) (6-7.2 CONTACT HOURS): Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The code for this session of this course on this date is: W20240922CT. This program provides 6 contact hours for nurses. INR has been accredited as a continuing education provider by the Florida Board of Nursing (#50-3026) and the Iowa Board of Nursing (#288) for 6 contact hours, and the CA Board of Registered Nursing (CEP #06136) and the KS Board of Nursing (#LT0140-0927) for 7.2 contact hours.

PHARMACISTS (6 CONTACT HOURS): Institute for Natural Resources is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number (UAN) for this course is 0751-0000-23-107-L04-P. This is a knowledge-based CPE activity.



DIETITIANS (6 CONTACT HOURS): Approved for 6 continue education clock hours for Kansas licensed dietitians by the Kansas Department for Aging and Disability Services. Long-Term Sponsorship number: LTS-D1044. Under CE Broker # 50-3026, INR is an approved provider by the Florida Department of Health Dietetics, and Nutritional Practice Council.

PSYCHOLOGISTS, MENTAL HEALTH/LIC. PROFESSIONAL/ADDICTION COUNSELORS, MFTs, LICENSED CATs, & SOCIAL WORKERS (6 CONTACT HOURS): Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0042. INR, under Provider #00PO-942948967 from the Ohio Psychological Association—Mandatory Continuing Education Office, is an approved provider of continuing education for Ohio-licensed psychologists. Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Psychology. The Institute for Natural Resources (INR) is approved by the California Psychological Association (CPA OPD) to sponsor continuing professional education for psychologists. INR maintains responsibility for this program and its content. Under License #PSY000214, the Pennsylvania Board of Psychology has approved INR as a sponsor/provider of CE programs. This course has Minnesota Board of Psychology Approval Log #202412.152. Under Sponsor #268.000096, the Illinois DFPD for Psychologist Licensing and Disciplinary Board has approved INR as a CE sponsor. The Institute for Natural Resources is approved by the Canadian Psychological Association to offer continuing education for psychologists. INR maintains responsibility for the program.

Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0089. Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0055. Institute for Natural Resources (INR), is recognized by the NY SED's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Arts Therapists. Provider Number #CAT-0072. INR is approved by the NAADAC Approved Education Provider Program, Provider #182846. Under CE Approval #NVCEP2021, the Nevada Board of Examiners for MFT and CPC has approved INR as a sponsor. Under Sponsor # 00088989 and Approval #60007947384, CRCC has approved this course for six contact hours. INR (Provider #4594) is recognized by the SC Department of Labor, Licensing and Regulation, POL Division Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists to offer continuing education to counselors. NBCC ACEP No. 7156.

Institute for Natural Resources, #1356, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Institute for Natural Resources maintains responsibility for this course. ACE provider approval period: 02/28/2022 – 02/28/2025. Social workers completing this course receive 6 continuing education credits. Institute for Natural Resources (INR), SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. The California Board of Behavioral Sciences will accept courses approved by ASWB. Under Sponsor #159-000260, the Illinois DFPD has approved INR as a sponsor of continuing social work education. Oklahoma State Board of Licensed Social Workers Provider CEP #20240017. The Institute for Natural Resources is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 021618.

OCCUPATIONAL THERAPISTS (6 CONTACT HOURS): INR is an AOTA Approved Provider of continuing education. Provider #5347. INR has assigned 0.6 AOTA CEUs for this course. The category of this course is Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



PHYSICAL THERAPISTS (6 CONTACT HOURS / 6CCUs): INR is recognized as an approval agency to approve providers offering continuing competency courses by the Physical Therapy Board of California. This course has been approved by the Institute for Natural Resources (INR) for 6 continuing competency units. The New York State Dept of Education has approved INR as a sponsor of continuing physical therapy education. Under Sponsor #216-000264, the Illinois DFPD has approved INR as a sponsor for continuing physical therapy education. This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #2611031TX and meets continuing competence requirements for PT and PTA licensure renewal in Texas. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE. The NY State Dept. of Education has approved INR as a CE sponsor of physical therapy. The Florida Physical Therapy Association has approved this course for 6 contact hours (Approval # CE 24-795258). Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors. The New Jersey State Board of Physical Therapy Examiners has approved the course for 6 hours continuing education credits. The NJBPTE Course Approval #2109-330.

CASE MANAGERS (6 CONTACT HOURS): This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM board certified case managers. The course is approved for 6 CE contact hours. Activity Code: 100057241, Approval #230003689. To claim these CE, log into your CE Center account at www.ccmcertification.org

NURSING HOME ADMINISTRATORS (6 CONTACT HOURS): Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Nursing Home Administrators. Under Sponsor #139-000175, the Illinois Dept of Prof Regulation has approved INR as a sponsor of continuing education for nursing home administrators.

MASSAGE THERAPISTS (3 CONTACT HOURS): Institute for Natural Resources is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider, Provider #299936-00.



OTHER HEALTH PROFESSIONALS (6 CONTACT HOURS): Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credits, participants should contact their respective regulatory boards.

Richard S. Colman

RICHARD S. COLMAN, Ph.D., Program Administrator, September 22, 2024

H5670

INR

P.O. Box 5757 ♦ Concord, CA 94524 ♦ (925) 609-2820 ♦ (925) 687-0860

www.INRseminars.com

Deconstructing Anxiety & Conquering Fear

Instructor: Dr. Todd Pressman (Ph.D.)

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Participants completing this course will be able to:

- 1) describe the core fear/chief defense model of how we build our personalities.
- 2) identify how anxiety disorders develop according to this model.
- 3) state how the techniques of the Deconstructing Anxiety model may be used to dismantle the chief defense and resolve the core fear.
- 4) list the steps of “Vision Questing,” a powerful remedy for anxiety and the discovery of purpose and fulfillment.
- 5) describe how information in this course can be utilized to improve patient care and patient outcomes for health care professionals.

DISCLOSURE INFORMATION

INR (Institute for Natural Resources) is a non-profit scientific organization dedicated to research and education in the fields of science and medicine.

INR has no ties to any ineligible organizations and sells no products of any kind, except educational materials. Neither INR nor any instructor has a material or other financial relationship with any health care-related business that may be mentioned in an educational program. Specifically, the statements below are true:

The planning committee members have no relevant financial relationship or conflicts of interest to declare.

The content experts/faculty/presenters/authors have no relevant financial relationship or conflicts of interest to declare.

There is no commercial support being received for this event.

There is no sponsorship being received for this event.

If INR were ever to use an instructor who had a material or other financial relationship with an entity mentioned in an educational program, that relationship would be disclosed at the beginning of the program. INR takes all steps to ensure that all relevant program decisions are made free of the control of a commercial interest as defined in applicable regulatory policies, standard, and guidelines. INR does not solicit or receive gifts or grants from any source and has no connection with any religious or political entities.

INR's address and other contact information follows:

P.O. Box 5757, Concord, CA 94524-0757

Customer service: 1-877-246-6336 or (925) 609-2820

Fax: (925) 687-0860

E-Mail: info@inrseminars.com

Tax Identification Number 94-2948967.

For American Disability Act (ADA) accommodations or for addressing a grievance, please fax the request to INR at (925) 687-0860. Or, please send the request by email.

Education expenses (including enrollment fees, books, tapes, travel costs) may be deductible if they improve or maintain professional skills. Treas. Reg. Sec. 1.162-5.

Recording of the seminar, or any portion, by any means is strictly prohibited.

INR's liability to any registrant for any reason shall not exceed the amount of tuition paid by such registrant.

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INSTITUTE FOR NATURAL RESOURCES (INR)
ADMINISTRATIVE POLICIES
 (Effective January 1, 2024)

1. To obtain the 6 hours of credit (0.6 CEU) associated with this course, the health care professional will need to sign in, attend the course, and complete program evaluation forms. At the end of the program, the health care professional successfully completing the course will receive a statement of credit.
2. Individuals canceling their registrations up to 72 hours before a program will receive a tuition refund less a \$25.00 administrative fee. Other cancellation requests will only be honored with a voucher of equal value -- good for two years -- to a future seminar/webinar. All requests for refunds and vouchers must be made in writing. Vouchers are not redeemable for cash and are not transferable.
3. Registrations are subject to cancellation after the scheduled start time. Nonpayment of full tuition may, at the sponsor's option, result in cancellation of CE credits issued.
4. If a program cannot be held because of reasons beyond the control of INR (e.g., acts of God), the registrant will receive free admission to another seminar/webinar/recording but no refund, or a full-value voucher, good for one year, for a future program.
5. Course completion certificates will be available within 5 business days after a live webinar provided that attendance has been verified and evaluation has been received. INR strongly recommends that participants keep a copy of the course brochure with the course completion certificate in a professional portfolio to satisfy any Board concerns in case of an audit.
6. In order to receive continuing education credit for an INR program, participants must provide all necessary license information, sign in, or respond to the "Chat Box" during roll call, and complete the required evaluation form after the program. The evaluation form can be completed electronically, return by fax, or mail. Please check with INR tech support/Customer Service for more information. Participants must attend the entire program to receive full credit. Some State Boards may have additional reporting requirements.
7. A \$25.00 charge -- in addition to the amount owed -- will be imposed on all returned checks.
8. The use of cameras, any recording device, and all similar devices is prohibited.
9. Syllabi are available only at seminars or on the INR website after registration. Only one syllabus per registrant will be provided. Request for a hardcopy to be mailed can be made in writing. INR program slides will not be provided.
10. All letters of inquiry written to INR and its instructors must contain the full name, profession, physical/email address and a phone number.
11. INR does not accept collect telephone calls.
12. INR, a nonprofit scientific and educational public benefit organization, is totally supported by the tuition it charges for its seminars/webinars. INR does not solicit or receive gifts or grants from any entity. Specifically, INR obtains no gifts or grants from any ineligible companies as defined by ANCC (American Nurses Credentialing Center), ACPE (Accreditation Council for Pharmacy Education). INR does not receive funds from any religious or political sources.
13. INR lecturers are prohibited from discussing, accepting and/or distributing unsolicited products, services and information. Neither INR nor any of its instructors has a material or financial interest with any ineligible entities. Any relevant and eligible financial relationship will be disclosed at the beginning of the program.
14. While this syllabus and presentation may contain descriptions of ways of dealing with health, health care, nutrition, diet, various health conditions, and the electronic retrieval and use of health care information, the information presented is not intended to substitute for a health care practitioner's diagnosis, advice, and treatment. Before using any food, drug, supplement, or procedure described in the syllabus and/or presentation, each individual should consult with his or her health care provider for individual guidance with specific medical problems.

Disclaimer: These live interactive INR presentations provide continuing education for health care and mental health professionals with the understanding that each participant is responsible to utilize the information gained in an appropriate manner congruent with his/her/their scope of licenses. Furthermore, the contents of these presentations are relevant to graduate level counselors; The presenter teaching the program has an advanced degree in the mental health field.

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DECONSTRUCTING ANXIETY and Conquering Fear

A Powerful New Approach to Understanding
and Treating Anxiety Disorders

Presented by
Todd Pressman, Ph.D.

Anxiety in the U.S.

According to the National Institute of Mental Health:

- Anxiety is the number one psychiatric disorder in the U.S. today.
- More than 18 percent of adults in the U.S. have a diagnosed anxiety disorder.
- We are the most anxious nation in the world.
- More than \$300 billion are lost every year in medical bills and lost productivity related to stress.
- In 2004, we spent \$2.1 billion on anti-anxiety medications, up from \$900 million in 1997.

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How Anxiety Works

A new Model

Basic Premise of the “Deconstructing Anxiety” Model

We don't yet have a really effective and reliable treatment for anxiety that works for most people most of the time (Mindfulness is an important exception).

According to some of the meta-analyses, we are averaging a 46% success rate.

According to the Deconstructing Anxiety model, the missing key to fully resolving anxiety requires **a combination of the right insight and the right action** (applied with the right timing for the client's level of readiness).

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Basic Premise of the “Deconstructing Anxiety” Model

Anxiety is inherent in the human condition (Karen Horney). It is, as we will see, at the core of all suffering.

Fear (anxiety – the words are to be used interchangeably) is the prime determiner of our experience whenever we are not wholly joyful, fulfilled, content or at peace.

Equally powerful is the drive for fulfillment and freedom from fear.

This creates a fundamental conflict: we are both afraid to reach for fulfillment, express ourselves, etc., and at the same time will not be satisfied until we do.

Three Doorways

There are three “doorways” to approach this kind of resolution: mind, body and spirit.*

When successful, resolving anxiety through one of these doorways spontaneously releases anxiety in the other two at the same time.

A complete resolution of anxiety must include a successful resolution of all three doorways.

*Spirituality is defined as that which transcends the limits of our usual, empirically based understanding of who we are and what reality is, in a way that coheres (i.e. is not psychotic or psychologically disorganized) and is fully integrated (i.e. all parts of the understanding relate to each other in a logically consistent way), giving a sense of purpose and meaning to existence.

INSTITUTE FOR NATURAL RESOURCES (INR)

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JULIANNE BUSHONG-CLARK
Prof. EL
License 71
Class Code: W20241008EP
Instructor: Dr. David Longo, PhD

PROGRAM TITLE: **Challenging Psychological Disorders: Impulse-Control, Paraphilic, & Dissociative Disorders**
(Live Interactive Webinar)

October 8, 2024
Date

Webinar 6:00PM - 9:30PM (ET)
Location

Continuing credit information is listed below. This course is presented in a live interactive format.

REGISTERED NURSES (RNs), NURSE PRACTITIONERS (NP's), LICENSED VOCATIONAL NURSES (LVN's), & LICENSED PRACTICAL NURSES (LPNs) (3-3.6 CONTACT HOURS): Institute for Natural Resources (INR) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The code for this session of this course on this date is: W20241008EP. This program provides 3 contact hours for nurses, including one Rx contact hour of pharmacology CE. INR has been accredited as a continuing education provider by the Florida Board of Nursing (#50-3026), the Iowa Board of Nursing (#288) for 3 contact hours, and the Kansas Board of Nursing (#LT0140-0927) and the California Board of Registered Nursing, Provider Number CEP06136, for 3.6 contact hours.

PHARMACISTS (3 CONTACT HOURS): INR is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity numbers (UAN) for this course are 0751-0000-22-043-L04-P. This is a knowledge-based CPE activity.



DIETITIANS (6 CONTACT HOURS): Approved for 6 continue education clock hours for Kansas licensed dietitians by the Kansas Department for Aging and Disability Services. Long-Term Sponsorship number: LTS-D1044. Under CE Broker # 50-3026, INR is an approved provider by the Florida Department of Health Dietetics, and Nutritional Practice Council.

PSYCHOLOGISTS, PSYCHOANALYSTS, MENTAL HEALTH/LIC. PROFESSIONAL/ADDICTION COUNSELORS, CATs, MFTs, & SOCIAL WORKERS (3 CONTACT HOURS): Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0042. INR, Under Provider #00PO-942948967 from the Ohio Psychological Association—Mandatory Continuing Education Office, is an approved provider of continuing education for Ohio-licensed psychologists. Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Psychology. The Institute for Natural Resources (INR) is approved by the California Psychological Association (CPA OPD) to sponsor continuing professional education for psychologists. INR maintains responsibility for this program and its content. Institute for Natural Resources is (INR) is recognized by the NY SED's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0036. Institute for Natural Resources (INR), is recognized by the NY SED's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Arts Therapists. Provider Number #CAT-0072. INR is approved by the Canadian Psychological Association to offer continuing education for psychologists. INR maintains responsibility for the program. Under Sponsor #268.000096, the Illinois DFPR for Psychologist Licensing and Disciplinary Board has approved INR as a CE sponsor. Under License # PSY000214, the Pennsylvania Board of Psychology has approved INR as a sponsor/provider of CE programs. Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0089. INR is approved by the NAADAC Approved Education Provider Program, Provider #182846. Under Sponsor #197-000240, the Illinois DFPR has approved INR as a CE sponsor for professional/clinical counselors. Under Sponsor #00088989 and Approval #60007959874, CRCC has approved this course for 3 contact hours. INR (Provider #4594) is recognized by the SC Department of Labor, Licensing and Regulation, POL Division Board of Examiners for the Licensure of Professional Counselors, MFTs, and Psycho-Educational Specialists to offer continuing education to counselors. NBCC ACEP No. 7156.

Institute for Natural Resources, #1356, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Institute for Natural Resources maintains responsibility for this course. ACE provider approval period: 02/28/2022 – 02/28/2025. Social workers completing this course receive 3 clinical SW CE credits. Under CE Broker #50-3026, INR is an approved provider by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. The California Board of Behavioral Sciences will accept courses approved by ASWB. Institute for Natural Resources (INR), SW CPE is recognized by the New York SED's State Board for Social Work as an approved provider of continuing education for licensed social workers #0195. Institute for Natural Resources (INR) is recognized by the New York SED's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0055. Under Sponsor #168.000243, the Illinois DFPR has approved INR as a CE sponsor for marriage and family therapists. Under Sponsor #159-000260, the Illinois DFPR has approved INR as a sponsor of continuing social work education. Institute for Natural Resources is authorized by the Maryland Dept. of Health (MDH)'s Board of Social Work Examiners as a CE sponsor of the Category 1 learning activities and maintains full responsibility for this program. Oklahoma State Board of Licensed Social Workers Provider Number CEP # 20240017.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPISTS ASSISTANTS (3 CONTACT HOURS): INR is an AOTA Approved Provider of professional development. PD activity approval ID #6155. This distance learning - interactive activity is offered at 0.3 AOTA CEUs, introductory education level, Foundational Knowledge category. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



PHYSICAL THERAPISTS & PHYSICAL THERAPISTS ASSISTANTS (3 CONTACT HOURS/3CCUs): INR is recognized as an approval agency to approve providers offering continuing competency courses by the Physical Therapy Board of California. This course has been approved by the Institute for Natural Resources (INR) for 3 continuing competency units. The New York State Dept of Education has approved INR as a sponsor of continuing physical therapy education. Under Sponsor #216-000264, the Illinois DFPR has approved INR as a sponsor for continuing physical therapy education. The Florida Physical Therapy Association has approved this course for 3 contact hours (Approval # CE 24-916436). Accreditation of this course does not necessarily imply the FFTA supports the views of the presenter or the sponsors. This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #2611031TX and meets continuing competence requirements for PT and PTA licensure renewal in Texas. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE. The New Jersey State Board of Physical Therapy Examiners has approved the course for 3 hours continuing education credits. The NJBPTCE Course Approval #2206-67.

CASE MANAGERS (3 CONTACT HOURS): This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM board certified case managers. The course is approved for 3 CE contact hours. Activity code: Activity Code: 100059903, Approval #240001972. To claim these CE, log into your CE Center account at www.ccmcertification.org.

NURSING HOME ADMINISTRATORS (3 CONTACT HOURS): Under Sponsor #139-000175, the Illinois DFPR has approved INR as a sponsor of continuing education for nursing home administrators.

OTHER HEALTH PROFESSIONALS (3 CONTACT HOURS): Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credits, participants should contact their respective regulatory boards.

Richard S. Colman

RICHARD S. COLMAN, Ph.D., Program Administrator, October 8, 2024

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This course expired Sep 30, 2024 and is no longer available for purchase or completion for credit.

Infection Control: Understanding Diseases, Epidemiology, and Pathogen Transmission

Disclosures

Description

Authors: Diana Harland, BS, CCRC Excerpts by Patti V. Hoffman, RN, BS, MPH, CIC, FAPIC

The goal of this course is to educate nurses and other healthcare professionals in the principles of infection control through a better understanding of epidemiology and pathogen transmission, as well as through federal regulations and recommendations. It is our goal that healthcare professionals will then recognize their responsibility to apply these scientifically based principles to minimize the opportunity for transmission of disease, and therefore be able to make a significant impact on their community.

Learning outcomes include:

- Outline reasons for proper infection control standards as defined by the CDC, and understand how healthcare workers can make a significant impact on reducing the cost of healthcare associated infections (HAIs).
- Recognize the components of the OSHA Bloodborne Pathogens Standard and know the responsibilities of employers and employees as required by federal law.
- List some infection control equipment, supplies, and precautions required by law to be provided to the healthcare worker environment.

Criteria for Successful Completion

After reading the material, complete the online evaluation. If you have a Florida nursing license or an electrology license you must also complete the multiple choice test online with a score of 70% or better. Upon completion of the requirements you may immediately print your CE certificate of completion.

Accreditation

- National Center of Continuing Education, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation
- California Board of Registered Nursing Provider No. CEP 1704.
- This course has been approved by the Florida Board of Nursing No. 50-1408.
- Kentucky Board of Nursing Provider No. 70031-12-23
*15 Contact Hours displayed above use ANCC definition of a 60 minute hour, KY defines a contact hour as equivalent to 50 minutes of clock time. KY certificate of completion for this activity will display: **18.0 CE Hours***

Conflicts of Interest

No conflict of interest exists for any individual in a position to control the content of the educational activity.

Expiration Date

This course expires September 30, 2023.

About the Authors

Diana Harland, BS, CCRC, received her degree in Microbiology from the University of Texas at El Paso. She worked in pre-clinical research in retrovirology while in undergraduate school, and again later after graduation at the Texas Biomedical Research Institute (formerly Southwest Foundation for Biomedical Research) in San Antonio, Texas. While at SWFBR, she worked in the Department of Virology and Immunology at Biosafety Level 3-4 (BSL-3/BSL-4). She has extensive training in NIH, OSHA, and CDC guidelines for sterility and asepsis in tissue culture and retrovirology. She holds a certificate in bioterrorism from Tulane University School of Public Health and Tropical Medicine and the University of Alabama at Birmingham School of Public Health. She is a member of the Austin Disaster Relief Network (infrastructure for the City of Austin, Texas, disaster response) and the Association for Clinical Research Professionals.

Excerpts by: Patti V. Hoffman, RN, BS, MPH, CIC, FAPIC. Ms. Hoffman completed her Diploma in Nursing from Concord Hospital School of Nursing, Concord, NH; a Baccalaureate Degree from College of St. Francis, Joliet, IL; and Master of Public Health Degree from the University of Texas at Austin. She has been certified in Infection Control for over 30 years in a variety of healthcare settings.

Purpose and Goals

The goal of this course is to educate nurses and other healthcare professionals in the principles of infection control through a better understanding of epidemiology and pathogen transmission, as well as through federal regulations and recommendations. It is our goal that healthcare professionals will then recognize their responsibility to apply these scientifically based principles to minimize the opportunity for transmission of disease, and therefore be able to make a significant impact on their community.

Learning Outcomes

1. Outline reasons for proper infection control standards as defined by the CDC, and understand how healthcare workers can make a significant impact on reducing the cost of healthcare associated infections (HAIs).
2. Recognize the components of the OSHA Bloodborne Pathogens Standard and know the responsibilities of employers and employees as required by federal law.
3. List some infection control equipment, supplies, and precautions required by law to be provided to the healthcare worker environment.
4. Identify personal protective equipment (PPE) and recognize its effectiveness against various microbes such as bloodborne and airborne pathogens.
5. Identify the role of the healthcare worker in the management of infection control practices.
6. Recognize the importance of hand washing and be able to instruct patients in proper hand washing technique.
7. Develop strategies to improve the handwashing practices of healthcare personnel that will reduce the transmission of infections.
8. List appropriate methods necessary to assure sterilization of instruments and equipment in the hospital and/or clinic.
9. Summarize how PPE is chosen based on design and choice of materials and explain the concept of strikethrough and how it converts to potential amounts of pathogen contamination.
10. Outline Standard and Transmission-based Precautions.
11. Describe antibiotic stewardship and discuss how clinical outcomes can be improved.
12. Discuss the modes of transmission for hepatitis A virus (HAV), hepatitis E virus (HEV) and noroviruses.
13. Identify strategies to prevent the transmission of hepatitis B virus (HBV) and hepatitis C virus (HCV).
14. Identify the risk factors for transmission of hepatitis B, hepatitis C, and HIV.
15. Explain how hepatitis D virus is acquired and why HDV infection leads to chronic liver disease.
16. Compare and discuss the three stages of infection of the Human Immunodeficiency Virus (HIV).
17. Recognize the symptoms of influenza infection and be able to apply specific recommendations for infection control.
18. Understand the modes of transmission for Ebola Virus Disease (EVD) and identify the relevant preventative and treatment measures.
19. Review the symptoms and disease progression of COVID-19.

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20. Identify the symptoms of MIS-C in children who have been infected or exposed to the SARS-CoV-2 virus.
21. Explain the symptoms and disease progression of influenza viruses and compare influenza to the common cold.
22. Identify the modes of transmission of tuberculosis (TB) and know the TB control recommendations as set forth by the CDC and OSHA.
23. Discuss the etiology of the prion diseases Creutzfeldt-Jakob disease (CJD), Bovine Spongiform Encephalopathy (BSE), and variant Creutzfeldt-Jakob disease (vCJD)
24. List some reasons for the development of antibiotic resistant organisms
25. Select some precautions necessary for a caregiver that will avoid transmitting resistant microorganisms such as methicillin-resistant *Staphylococcus aureus* (MRSA) within the hospital or clinical setting.
26. Memorize the symptoms of sepsis and plan to educate others about sepsis and the life and death urgency of diagnosis and treatment.
27. List the most highly prioritized diseases of bioterrorism, as established by the CDC.
28. Enumerate the steps to take for decontamination and infection control of bioterrorist agents with respect to patient skin, patient clothing, equipment, and surfaces.
29. Apply infection control practices in both the long-term care facility and the home health care setting.
30. Identify infection control practices for the dialysis unit.

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Introduction

Infection control is not new to the practice of medicine or nursing. A glance into the history of medicine will clearly reveal that infections have always been a significant source of morbidity and mortality. The contagious nature of certain illnesses is well documented, and rudimentary control measures usually required infected persons to live apart from the non-infected population. Advances in medicine eventually led to the identification of specific disease producing organisms and mechanisms favorable for disease transmission. These advances then led to the development of effective measures to prevent or control the spread of communicable diseases and infections.

Life-threatening communicable diseases and infections are ever present. Many illnesses recognized since the earliest recorded history still persist as major health problems. One of the most alarming of these illnesses is tuberculosis (TB). Although tuberculosis in the United States has declined steadily since 1992, the disease has remained one of particular concern throughout the world. Statistics from the Centers for Disease Control (CDC) and the World Health Organization (WHO) state that one-fourth of the world's population is infected with tuberculosis. According to the WHO, in 2018, 10 million people became ill with TB worldwide, and there were 1.5 million deaths related to TB. A person with an active TB infection can infect an average of 10 to 15 new people each year.

Hepatitis B infection persists as a significant threat to healthcare and public safety workers despite the availability since 1982 of an effective hepatitis B vaccine. Human Immunodeficiency Virus (HIV) infection resulting in Acquired Immunodeficiency Syndrome (AIDS) led to the universal practice of implementing blood and body fluid precautions for every patient, even in the absence of overt illness.

The latest global threats in infection control include the emergence of multiple antibiotic resistant organisms, influenza viruses, avian influenza A viruses, cholera, Ebola Virus Disease (EVD), and vector-borne diseases consisting of yellow fever, chikungunya, and Zika viruses. Most recently, the global pandemic of the novel coronavirus COVID-19 has emphasized how crucial proper infection control practices are, and how greatly they can affect disease transmission and outcomes.

Antibiotic resistance is one of the biggest challenges faced by healthcare professionals. In 2019, the CDC reported that more than 2.8 million people in the United States become infected with an antibiotic resistant infection each year, and more than 35,000 people die from these infections.

The importance of having a thorough understanding of infection control principles cannot be overemphasized. Patients entering a healthcare setting are at risk of acquiring an infection because of decreased resistance, either as a result of the patient's underlying illness or as a result of a specific course of therapy. Other factors increasing the risk of infection include increased exposure to numbers and types of disease-causing organisms, and the need for invasive procedures to be performed. Infection control techniques are designed to prevent the spread of infection from patients, healthcare



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Infection Control: Understanding Diseases, Epidemiology, and Pathogen Transmission

Disclosures

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Authors: Diana Harland, BS, CCRC Excerpts by Patti V. Hoffman, RN, BS, MPH, CIC, FAPIC

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Expiration Date

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About the Authors

Diana Harland, BS, CCRC, received her degree in Microbiology from the University of Texas at El Paso. She worked in pre-clinical research in retrovirology while in undergraduate school, and again later after graduation at the Texas Biomedical Research Institute (formerly Southwest Foundation for Biomedical Research) in San Antonio, Texas. While at SWFBR, she worked in the Department of Virology and Immunology at Biosafety Level 3-4 (BSL-3/BSL-4). She has extensive training in NIH, OSHA, and CDC guidelines for sterility and asepsis in tissue culture and retrovirology. She holds a certificate in bioterrorism from Tulane University School of Public Health and Tropical Medicine and the University of Alabama at Birmingham School of Public Health. She is a member of the Austin Disaster Relief Network (infrastructure for the City of Austin, Texas, disaster response) and the Association for Clinical Research Professionals.

Excerpts by: Patti V. Hoffman, RN, BS, MPH, CIC, FAPIC. Ms. Hoffman completed her Diploma in Nursing from Concord Hospital School of Nursing, Concord, NH; a Baccalaureate Degree from College of St. Francis, Joliet, IL; and Master of Public Health Degree from the University of Texas at Austin. She has been certified in Infection Control for over 30 years in a variety of healthcare settings.

Purpose and Goals

The goal of this course is to educate nurses and other healthcare professionals in the principles of infection control through a better understanding of epidemiology and pathogen transmission, as well as through federal regulations and recommendations. It is our goal that healthcare professionals will then recognize their responsibility to apply these scientifically based principles to minimize the opportunity for transmission of disease, and therefore be able to make a significant impact on their community.

Learning Outcomes

1. Outline reasons for proper infection control standards as defined by the CDC, and understand how healthcare workers can make a significant impact on reducing the cost of healthcare associated infections (HAIs).
2. Recognize the components of the OSHA Bloodborne Pathogens Standard and know the responsibilities of employers and employees as required by federal law.
3. List some infection control equipment, supplies, and precautions required by law to be provided to the healthcare worker environment.
4. Identify personal protective equipment (PPE) and recognize its effectiveness against various microbes such as bloodborne and airborne pathogens.
5. Identify the role of the healthcare worker in the management of infection control practices.
6. Recognize the importance of hand washing and be able to instruct patients in proper hand washing technique.
7. Develop strategies to improve the handwashing practices of healthcare personnel that will reduce the transmission of infections.
8. List appropriate methods necessary to assure sterilization of instruments and equipment in the hospital and/or clinic.
9. Summarize how PPE is chosen based on design and choice of materials and explain the concept of strikethrough and how it converts to potential amounts of pathogen contamination.
10. Outline Standard and Transmission-based Precautions.
11. Describe antibiotic stewardship and discuss how clinical outcomes can be improved.
12. Discuss the modes of transmission for hepatitis A virus (HAV), hepatitis E virus (HEV) and noroviruses.
13. Identify strategies to prevent the transmission of hepatitis B virus (HBV) and hepatitis C virus (HCV).
14. Identify the risk factors for transmission of hepatitis B, hepatitis C, and HIV.
15. Explain how hepatitis D virus is acquired and why HDV infection leads to chronic liver disease.
16. Compare and discuss the three stages of infection of the Human Immunodeficiency Virus (HIV).
17. Recognize the symptoms of influenza infection and be able to apply specific recommendations for infection control.
18. Understand the modes of transmission for Ebola Virus Disease (EVD) and identify the relevant preventative and treatment measures.
19. Review the symptoms and disease progression of COVID-19.

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20. Identify the symptoms of MIS-C in children who have been infected or exposed to the SARS-CoV-2 virus.
21. Explain the symptoms and disease progression of influenza viruses and compare influenza to the common cold.
22. Identify the modes of transmission of tuberculosis (TB) and know the TB control recommendations as set forth by the CDC and OSHA.
23. Discuss the etiology of the prion diseases Creutzfeldt-Jakob disease (CJD), Bovine Spongiform Encephalopathy (BSE), and variant Creutzfeldt-Jakob disease (vCJD)
24. List some reasons for the development of antibiotic resistant organisms
25. Select some precautions necessary for a caregiver that will avoid transmitting resistant microorganisms such as methicillin-resistant *Staphylococcus aureus* (MRSA) within the hospital or clinical setting.
26. Memorize the symptoms of sepsis and plan to educate others about sepsis and the life and death urgency of diagnosis and treatment.
27. List the most highly prioritized diseases of bioterrorism, as established by the CDC.
28. Enumerate the steps to take for decontamination and infection control of bioterrorist agents with respect to patient skin, patient clothing, equipment, and surfaces.
29. Apply infection control practices in both the long-term care facility and the home health care setting.
30. Identify infection control practices for the dialysis unit.

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Introduction

Infection control is not new to the practice of medicine or nursing. A glance into the history of medicine will clearly reveal that infections have always been a significant source of morbidity and mortality. The contagious nature of certain illnesses is well documented, and rudimentary control measures usually required infected persons to live apart from the non-infected population. Advances in medicine eventually led to the identification of specific disease producing organisms and mechanisms favorable for disease transmission. These advances then led to the development of effective measures to prevent or control the spread of communicable diseases and infections.

Life-threatening communicable diseases and infections are ever present. Many illnesses recognized since the earliest recorded history still persist as major health problems. One of the most alarming of these illnesses is tuberculosis (TB). Although tuberculosis in the United States has declined steadily since 1992, the disease has remained one of particular concern throughout the world. Statistics from the Centers for Disease Control (CDC) and the World Health Organization (WHO) state that one-fourth of the world's population is infected with tuberculosis. According to the WHO, in 2018, 10 million people became ill with TB worldwide, and there were 1.5 million deaths related to TB. A person with an active TB infection can infect an average of 10 to 15 new people each year.

Hepatitis B infection persists as a significant threat to healthcare and public safety workers despite the availability since 1982 of an effective hepatitis B vaccine. Human Immunodeficiency Virus (HIV) infection resulting in Acquired Immunodeficiency Syndrome (AIDS) led to the universal practice of implementing blood and body fluid precautions for every patient, even in the absence of overt illness.

The latest global threats in infection control include the emergence of multiple antibiotic resistant organisms, influenza viruses, avian influenza A viruses, cholera, Ebola Virus Disease (EVD), and vector-borne diseases consisting of yellow fever, chikungunya, and Zika viruses. Most recently, the global pandemic of the novel coronavirus COVID-19 has emphasized how crucial proper infection control practices are, and how greatly they can affect disease transmission and outcomes.

Antibiotic resistance is one of the biggest challenges faced by healthcare professionals. In 2019, the CDC reported that more than 2.8 million people in the United States become infected with an antibiotic resistant infection each year, and more than 35,000 people die from these infections.

The importance of having a thorough understanding of infection control principles cannot be overemphasized. Patients entering a healthcare setting are at risk of acquiring an infection because of decreased resistance, either as a result of the patient's underlying illness or as a result of a specific course of therapy. Other factors increasing the risk of infection include increased exposure to numbers and types of disease-causing organisms, and the need for invasive procedures to be performed. Infection control techniques are designed to prevent the spread of infection from patients, healthcare



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*Has Satisfactorily Completed Requirements
For The Educational Activity*

**Infection Control: Understanding Diseases,
Epidemiology, and Pathogen Transmission**

And Has Been Awarded Continuing Education Credit Of

15.0 Contact Hours

On

September 09, 2024

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Credentialing Center's Commission on Accreditation.*

Certificate No.: 2041132-89798

FENTANYL: CLINICAL UTILITY, PRECAUTIONS, AND SPECIAL POPULATIONS

RICHARD DANIELS, PharmD, BCPS

Richard "Cole" Daniels earned his Doctor of Pharmacy(PharmD) from the Skaggs School of Pharmacy at the University of Montana in 2018. Throughout pharmacy school, he completed a 3-year internship at Community Medical Center in Missoula, Montana, in which he gained valuable experience in an acute care setting. Cole is a psychiatric clinical staff pharmacist at the Montana State Hospital. He has over 11 years of pharmacy experience, having worked in several settings, including retail, acute care, and inpatient psychiatric care. Cole has a diverse set of interests. However, acute care medicine, infectious disease, pain management, and asthma/COPD are a primary focus of his at the Montana State Hospital. He obtained board certification as a certified pharmacotherapy specialist in the Spring of 2022.

ABSTRACT

Fentanyl is a potent synthetic opioid that is reserved for use in general anesthesia induction/maintenance and severe pain in patients who are opioid-tolerant. Fentanyl and other synthetic opioids are among the most common drugs associated with death secondary to overdose, as fentanyl is approximately 50 and 100 times more potent than heroin and morphine, respectively. With such a narrow therapeutic window, the use of fentanyl is deemed high risk, and early recognition of overdose is essential in practice. Opioid overdose education and distribution of intranasal naloxone to laypersons and law enforcement officers, firefighters, and emergency service personnel are intended to promote recognition of opioid overdose and quick intervention.

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Patty Peters

License Number: ROO23411

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for successful completion of**

**Fentanyl: Clinical Utility, Precautions, and Special
Populations**

Pharmacology hours: 2

Date: 10/11/2023

**William A. Cook, Ph.D.
Director, NurseCe4Less.com, Inc.**

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ADVANCED PRACTICE: ANABOLIC STEROID USE AND MISUSE

NOAH CARPENTER, MD

Dr. Noah Carpenter is a Thoracic and Peripheral Vascular Surgeon. He completed his Bachelor of Science in chemistry and medical school and training at the University of Manitoba. Dr. Carpenter completed a surgical residency and fellowship at the University of Edmonton and Affiliated Hospitals in Edmonton, Alberta, and an additional Adult Cardiovascular and Thoracic Surgery fellowship at the University of Edinburgh, Scotland. He has specialized in microsurgical techniques, vascular endoscopy, and laser and laparoscopic surgery in Brandon, Manitoba, and Vancouver, British Columbia, Canada, and Colorado, Texas, and California. Dr. Carpenter has an Honorary Doctorate of Law from the University of Calgary, was appointed a Citizen Ambassador to China, and has served as a member of the Indigenous Physicians Association of Canada, the Canadian College of Health Service Executives, the Science Institute of the Northwest Territories, Canada Science Council, and the International Society of Endovascular Surgeons, among others. He has been an inspiration to youth, motivating them to understand the importance of achieving higher education.

Abstract

The synthetic versions of the male hormone testosterone, also known as androgenic anabolic steroids, can play an important role in treating health conditions when used as prescribed by a medical clinician. Misuse of anabolic steroids occurs when these agents are used solely to improve physical appearance or performance. Because there are potentially serious physical side effects of anabolic steroid use, it is important that these drugs are only used as prescribed and always under a medical clinician's guidance.

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License Number: ROO23411

**Is awarded 3 Contact Hours
for successful completion of**

Anabolic Steroid Use and Misuse

Pharmacology hours: 0.5

Date: 10/16/2023

**William A. Cook, Ph.D.
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TERRORISM AND THE USE OF BIOLOGICAL, CHEMICAL, AND RADIOLOGICAL WEAPONS

DANA BARTLETT, RN, BSN, MSN, MA, CSPI

Dana Bartlett is a professional nurse and author. His clinical experience includes 16 years of ICU and ER experience and over 30 years of experience as a poison control center information specialist. Dana has published numerous CE and journal articles, written NCLEX material, written textbook chapters, and done editing and reviewing for publishers such as Elsevier, Lippincott, and Thieme. He has written widely on the subject of toxicology and was a contributing editor, toxicology section, for Critical Care Nurse journal. He is currently employed at the Connecticut Poison Control Center.

ABSTRACT

The use of biological and chemical weapons for warfare dates back many centuries. More modern incidents of terrorism using biological, chemical, or radiological weapons have occurred during and after the 20th Century. Given the potential for a terrorist attack using these types of agents, it is important for healthcare teams to have a working knowledge of the agents and weapons of war. There is a potential for serious harm to the public and healthcare personnel without proper awareness and preparation to enable healthcare teams and the public to know how to detect, respond, and manage a potential terrorist event competently. Biological weapons include infectious agents and toxins caused by living organisms. The Centers for Disease Control and Prevention lists three categories of bioterrorism agents of A, B, and C, which are based on risk to public health and safety. Bioterrorism agents, chemical weapons, and the use of radiation for terrorist acts are discussed. Additionally, responses to acts of bioterrorism and the need for preparedness are addressed from a local and national standpoint, including the role of healthcare personnel in assisting the public to avoid the danger and suffering of a terrorist attack.

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Certificate of Completion**

Patty Peters

License Number: ROO23411

**Is awarded 4 Contact Hours
for successful completion of**

**Terrorism and the Use of Biological, Chemical, and
Radiological Weapons**

Pharmacology hours: 0.5

Date: 10/16/2023

**William A. Cook, Ph.D.
Director, NurseCe4Less.com, Inc.**

**5414 W Daybreak
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DERMATOLOGY PHARMACOLOGY AND THE USE OF BIOLOGICS

HARPREET GHAI, MS (Pharm), BPharm, Rph

Harpreet Ghai has been a practicing Pharmacist for 12 years in Comox, British Columbia. He has also completed his Master's in Science, specializing in Medicinal Chemistry from NIPER (National Institute of Pharmaceutical Education and Research), in India. He has spent 3 years in Pharmaceutical Research at Ranbaxy in Gurugram (India), where he was engaged in Structure-based drug designing and was a part of a premier research-intensive group responsible for discovering novel drugs. Harpreet enjoys the day-to-day challenges at the retail pharmacy. Interactions with customers, listening to their drug-related issues, and providing solutions are profoundly rewarding.

NOAH CARPENTER, MD

Dr. Noah Carpenter is a Thoracic and Peripheral Vascular Surgeon. He completed a Bachelor of Science in Chemistry and medical school and training at the University of Manitoba. Dr. Carpenter completed surgical residency and fellowship at the University of Edmonton and Affiliated Hospitals in Edmonton, Alberta, and an additional Adult Cardiovascular and Thoracic Surgery fellowship at the University of Edinburgh, Scotland. He has specialized in microsurgical techniques, vascular endoscopy, laser and laparoscopic surgery in Brandon, Manitoba and Vancouver, British Columbia, Canada and in Colorado, Texas, and California. Dr. Carpenter has an Honorary Doctorate of Law from the University of Calgary, and was appointed a Citizen Ambassador to China, and has served as a member of the Native Physicians Association of Canada, the Canadian College of Health Service Executives, the Science Institute of the Northwest Territories, the Canada Science Council, and the International Society of Endovascular Surgeons, among others. He has been an inspiration to youth, motivating them to understand the importance of achieving higher education.

ABSTRACT

Many types of skin diseases can occur in people that range in onset and severity. Dermatological treatment may be directed toward the management of an inflammatory process, comorbid medical conditions, or it may be cosmetic. There are evolving dermatology drug products and market factors that health clinicians will need to inform patients about when addressing their skin health concerns and treatment choices. The effect of certain dermatological agents in special populations, such as during pregnancy, can range from inconclusive to a known potential risk.

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Patty Peters

License Number: ROO23411

**Is awarded 3 Contact Hours
for successful completion of**

Dermatology Pharmacology and the Use of Biologics

Pharmacology hours: 3

Date: 10/10/2023

**William A. Cook, Ph.D.
Director, NurseCe4Less.com, Inc.**

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INFECTION CONTROL: PREVENTION AND MANAGEMENT OF HARMFUL PATHOGENS IN HEALTHCARE SETTINGS

NOAH CARPENTER, MD

Dr. Noah Carpenter is a Thoracic and Peripheral Vascular Surgeon. He completed his Bachelor of Science in chemistry and medical school and training at the University of Manitoba. Dr. Carpenter completed surgical residency and fellowship at the University of Edmonton and Affiliated Hospitals in Edmonton, Alberta, and an additional Adult Cardiovascular and Thoracic Surgery fellowship at the University of Edinburgh, Scotland. He has specialized in microsurgical techniques, vascular endoscopy, laser and laparoscopic surgery in Brandon, Manitoba and Vancouver, British Columbia, Canada and in Colorado, Texas, and California. Dr. Carpenter has an Honorary Doctorate of Law from the University of Calgary, and was appointed a Citizen Ambassador to China, and has served as a member of the Indigenous Physicians Association of Canada, the Canadian College of Health Service Executives, the Science Institute of the Northwest Territories, Canada Science Council, and the International Society of Endovascular Surgeons, among others. He has been an inspiration to youth, motivating them to understand the importance of achieving higher education.

DANA BARTLETT, RN, BSN, MSN, MA, CSPI

Dana Bartlett is a professional nurse and author. His clinical experience includes 16 years of ICU and ER experience and over 30 years as a poison control center information specialist. Dana has published numerous CE and journal articles, written NCLEX material, textbook chapters, and more than 100 online CE articles, and done editing and reviewing for publishers such as Elsevier, Lippincott, and Thieme. He has written widely on the subject of toxicology and was a contributing editor, toxicology section, for Critical Care Nurse journal. He is currently employed at the Connecticut Poison Control Center. He lives in Loveland, CO.

ABSTRACT

All members of the health team are at risk of exposure to the hazards of infectious disease transmission through needle sticks or sharps injury, splash contact, and exposure to body fluids. Patients and visitors can also be exposed to bacterial and viral disease transmission. Hepatitis B (HBV), hepatitis C (HCV), and the human immunodeficiency virus (HIV) account for the greatest number of exposures in healthcare settings. Important principles of infectious disease control and prevention, and the management of accidental exposure outlined by the Occupational Safety and Health Administration (OSHA) relative to healthcare organizations and employees, patients, and the community, and the management of sepsis are discussed.

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Certificate of Completion**

Patty Peters

License Number: ROO23411

**Is awarded 3 Contact Hours
for successful completion of**

**Infection Control - Prevention and Management of Harmful
Pathogens in Healthcare Settings**

Pharmacology hours: 0.5

Date: 10/17/2023

**William A. Cook, Ph.D.
Director, NurseCe4Less.com, Inc.**

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VIRTUAL CME PROGRAM

1.00 CME/CE CREDIT

Common Dermatologic Conditions Seen in Primary Care:

Recognizing the skin rash is paramount to treating it. New treatments abound for several common dermatoses and paradigms are shifting. Join us in reviewing some common dermatological diagnoses and their mimickers and how best to treat them.

Begin

Save It ☆

CME/CE Information

Topics

Faculty

1.00 AMA PRA Category 1 Credits™, 1.00 ABIM MOC or 1.00 AANP, including 0.50 AANP Pharm

Dermatology

Jacob Levitt, MD, FAAD

Release Date: 6/21/2024

Urgent Care & Emergency Medicine

Expiration Date: 7/10/2025

Learning Objectives

Identify and treat non-scarring hair loss in men and women

Discuss recent treatment advances in psoriasis and atopic dermatitis

Recognize the morbilliform drug rash, and compare it with Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis

Narrow a differential diagnosis of common skin conditions based on salient morphology

Faculty



Jacob Levitt, MD, FAAD

Clinical Professor of Dermatology,
The Kimberly and Eric J. Waldman Department of Dermatology,
Icahn School of Medicine,
The Mount Sinai Medical Center,
New York, NY

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Disclosures

The following relevant financial relationships have been disclosed by faculty, and all have been mitigated by Pri-Med Institute.

Jacob Levitt, MD, FAAD: Advisor for Dermavant and Arcutis.

Ty Gluckman, MD (Moderator): Consultant for OptumRX

Non-faculty contributors and others involved in the planning, development, editing, and review of the content have disclosed no relevant financial relationships.

CME/CE Information

AMA PRA Category 1 Credits™

Accreditation Statement

Pri-Med Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation Statement

Pri-Med Institute designates this enduring material for a maximum of 1.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANP

Accreditation Statement

Pri-Med Institute is accredited by the American Association of Nurse Practitioners® as an approved provider of nurse practitioner continuing education. Provider number: 040308.

Designation Statement

This activity is approved for 1.00 contact hour of continuing education, which includes 0.50 hours of pharmacology.



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CERTIFICATE OF ATTENDANCE

Pri-Med Institute, the accredited division of Pri-Med, certifies that

Name: NANCY CASTEEL

has completed the enduring activity titled

Activity Title: Common Dermatologic Conditions Seen in Primary Care

on

Date of Activity: September 14, 2024

Pri-Med Institute designates this activity for a maximum of **1.00** *AMA PRA Category 1 Credits™*.

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This program has been approved for **1.00** AANP contact hours (which includes **0.** hours of pharmacology).

Mindi Daiga, MBA
Vice President of Accreditation
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CECPD/Oklahoma Registry
1801 N Moore Ave.
Moore, OK 73160



All Training List

Name: Sara DuBois

Registry ID: 136602

Date Printed: 8/26/2024

Date Expires: 7/2/2025

Current Training List							Includes all Training
Formal							
Event ID	Course Title	Date	Hours	Level	Type	Sponsor	Verified
282573	CDA Pathway Providing for Children's Safety Unit 1	8/13/2024	10.00	Formal	Early Childhood	Caddo Kiowa Technology Center	Yes
312175	2024 Education Pre-Service - Day 4	7/18/2024	6.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312174	2024 Education Pre-Service - Day 3	7/17/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312172	2024 Education Pre-Service - Day 2	7/16/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
312167	2024 Education Pre-Service - Day 1	7/15/2024	8.00	Formal	Early Childhood	Choctaw Nation Early Childhood Programs	Yes
298976	Entry Level Child Care Training (ELCCT) On-Line	5/10/2024	20.00	Formal	Early Childhood	Thermacube, LLC	Yes
298958	Reducing the Risk of SIDS/SUID in Child Care (Safe Sleep) - Online	5/8/2024	3.00	Formal	Early Childhood	Thermacube, LLC	Yes
Formal Total:			63.00				
Training Total			63.00				

All Training Grand Total: 63.00

RE. 72 CEU



Amended: November 1, 2019

**STATE OF OKLAHOMA
REGISTERED ELECTROLOGIST ACT
Title 59 O.S., Sections 536.1 - 536.11**

INDEX

- 536.1. Short title
- 536.2. Definitions
- 536.3. Transfer of funds, records, etc.
- 536.4. Board - Powers and duties
- 536.5. Advisory Committee of Registered Electrologists
- 536.6. Use of titles and abbreviations
- 536.7. Qualifications for licensure - Evidence - Examination - Nonresidents -
Continuing education - Renewal of license
- 536.8. Registration of license - Display - Surrender
- 536.9. Suspension or revocation of license
- 536.10. Personnel and facilities
- 536.11. Violation of act - Penalties

536.1. Short title

Sections 1 through 11 of this act shall be known and may be cited as the "Registered Electrologist Act".

Added by Laws 1985, c. 151, § 1, operative July 1, 1985.

536.2. Definitions

As used in the Registered Electrologist Act:

1. "Board" means the State Board of Medical Licensure and Supervision;
2. "Committee" means the Advisory Committee of Registered Electrologists;
3. "Electrolysis" means the practice of using an electrosurgical apparatus to accomplish permanent hair removal by inserting electric current into the hair follicle thereby destroying living tissue and germinative hair cells; and
4. "Registered Electrologist" means a person licensed to practice electrolysis pursuant to the Registered Electrologist Act.

Added by Laws 1985, c. 151, § 2, operative July 1, 1985. Amended by Laws 1987, c. 118, § 40, operative July 1, 1987.

536.3. Transfer of funds, records, etc.

On or before August 1, 1985, all monies, funds, records, equipment, furniture and fixtures, files and supplies now subject to the jurisdiction and control of the State Board of Electrology are hereby transferred to the State Board of Medical Licensure and Supervision. Any other outstanding obligation or function remaining to be performed by the State Board of Electrology shall be performed by the State Board of Medical Licensure and Supervision.

Added by Laws 1985, c. 151, § 3, operative July 1, 1985. Amended by Laws 1987, c. 118, § 41, operative July 1, 1987.

536.4. Board - Powers and duties

The Board, acting upon the advice of the Committee, shall issue all licenses required by the Registered Electrologist Act, and shall exercise the following powers and duties:

1. To make rules and regulations deemed necessary to implement the provisions of the Registered Electrologist Act;
2. To prescribe application forms for license applicants, license certificate forms and such other forms as necessary to implement the provisions of the Registered Electrologist

- Act;
3. To establish a curriculum of study for licensure in the practice of electrolysis in this state;
 4. To prepare and conduct an examination for applicants for licensure pursuant to the Registered Electrologist Act;
 5. To keep a complete record of all licensed Electrologists and to prepare an official listing of the names and addresses of all licensed electrologists which shall be kept current. A copy of such listing shall be available to any person requesting it upon payment of a copying fee established by the Board;
 6. To keep a permanent record of all proceedings pursuant to the Registered Electrologist Act;
 7. To employ and establish the duties of clerical personnel necessary to carry out the provisions of the Registered Electrologist Act;
 8. To conduct hearings to deny, revoke, suspend or refuse renewal of licenses under the Registered Electrologist Act, and to issue subpoenas to compel witnesses to testify or produce evidence at such hearings in accordance with the Administrative Procedures Act; and
 9. To set the fees imposed by the provisions of the Registered Electrologist Act in amounts that are adequate to collect sufficient revenue to meet the expenses necessary to perform their duties without accumulating an unnecessary surplus.

Added by Laws 1985, c. 151, § 4, operative July 1, 1985.

536.5. Advisory Committee of Registered Electrologists

- A. There is hereby created the Advisory Committee of Registered Electrologists. The Committee shall consist of three (3) members appointed by the Board. The Board may appoint the Committee members from a list of six (6) persons submitted annually by the Oklahoma State Electrologists' Association. Said persons shall have been licensed electrologists for more than three (3) years, and at the time, residents of this state and actively engaged in the practice of electrolysis as herein defined. No person shall be appointed to the Committee who has been convicted of any felony or any crime involving moral turpitude.
- B. The terms of the members shall be for three (3) years and until their successors are appointed and qualify. Provided however, of those first appointed, one shall serve for one (1) year, one shall serve for two (2) years, and one shall serve for three (3) years. Vacancies shall be filled in the manner of the original appointment for the unexpired portion of the term only. The Board, after notice and opportunity for hearing, may remove any member of the Committee for neglect of duty, incompetence, revocation or suspension of his electrolysis license, or other dishonorable conduct.
- C. No member of the Committee shall be a stockholder in or a member of the faculty or

board of trustees of any school teaching electrolysis or engaged in the training of electrologists.

- D. Members of the Committee shall elect from their number a chairperson. Special meetings of the Committee shall be called by the Chairperson on the written request of any three (3) members. The Committee may recommend to the Board the adoption of rules necessary to govern its proceedings and implement the purposes of the Registered Electrologist Act.
- E. Each member of the Committee shall be reimbursed for his reasonable and necessary expenses as provided for in the State Travel Reimbursement Act.

Laws 1985, c. 151, § 5, operative July 1, 1985.

536.6. Use of titles and abbreviations

- A. No person shall practice electrolysis or hold himself out as an electrologist, or use the title "Electrologist", or "Registered Electrologist", or the initials "R.E." or "L.E.", in this state, unless he is licensed in accordance with the provisions of the Registered Electrologist Act. No other person shall in any way, orally or in writing, in print, or by sign or transmission of sound or sight, directly or by implication, represent himself as an electrologist. Such misrepresentation, upon conviction, shall constitute a misdemeanor and shall be punishable as provided in the Registered Electrologist Act.
- B. Nothing in the Registered Electrologist Act shall prohibit any person in the healing arts in this state under any other act from engaging in the practice for which he is duly licensed.

Added by Laws 1985, c. 151, § 5, operative July 1, 1985.

536.7. Qualifications for licensure - Evidence - Examination - Nonresidents - Continuing education - Renewal of license

- A. A licensed electrologist shall consist of all persons who are currently licensed by the State Board of Electrology and all persons over twenty-one (21) years of age who have satisfactorily passed all examinations before the State Board of Medical Licensure and Supervision. All applicants for licensure as electrologists shall be required to furnish to the Board the following evidence:
 1. Have successfully completed a curriculum of study established by the Board; and
 2. Have completed an internship or preplanned professional experience program approved by the Board.
- B. To qualify for a license, an applicant shall pass an examination prepared by the Board.

The examination, as authorized by the Registered Electrologist Act, shall be in the English language. The examination shall include the subjects required in subsection A of this section as well as dermatology, hygiene, sterilization, electricity and electrolysis (theory and practice).

- C. If based on rules and criteria established by the Board, the examinee successfully passes the examination, the examinee shall be entitled to receive from the Board a license to practice electrolysis for the remainder of that calendar year. Each license shall be signed by the chairperson of the Committee or his designee and the secretary-treasurer of the Board and shall bear the seal of the Board.
- D. The Board may issue a license to an applicant from another state who has met the requirements established by the Registered Electrologist Act. The applicant to be licensed in this state shall provide proof of licensure in good standing in another state at the time of making application for licensure in this state.
- E. The Board may establish continuing education requirements to facilitate the maintenance of current practice skills of all persons licensed pursuant to the Registered Electrologist Act.
- F. The Board shall meet at least three (3) times per calendar year for the purpose of examining applicants for licensure and training, and transacting other business as may be necessary. The meetings shall be held at the office of the Board.
- G. Every person licensed pursuant to the Registered Electrologist Act who desires to continue the practice of electrolysis shall annually, on or before the 31st day of December of each year, make application for renewal of the license and shall pay fees established by the Board.
- H. If any person fails to renew his or her license within thirty (30) days from the date same becomes due, the license of such person shall become inactive and, in order to have such license reinstated, it shall be necessary for such person to apply to the Board as provided in the Registered Electrologist Act and to meet the requirements established by the Board for reinstatement.

Added by Laws 1985, c. 151, § 7, operative July 1, 1985; Amended by Laws 1987, c. 118, § 42, operative July 1, 1987; Amended by Laws 2002, HB 1353, c. 166, § 1, emerg. eff. May 6, 2002.

536.8. Registration of license - Display - Surrender

- A. Every person who is licensed pursuant to the provisions of the Registered Electrologist Act and who is licensed to practice electrolysis in this state shall register the license with the county clerk of the county in which said person has legal residence. The county clerk to whom such license is presented shall register the name and address of the person

designated in the license, together with the date and the number inscribed thereon, which record shall be open to the public, and shall file with the Board annually, during the month of February, a notice of the record so made.

- B. Every person who is licensed pursuant to the provisions of the Registered Electrologist Act to practice electrolysis in this state shall keep said license displayed in his place of business as long as he is engaged in the practice of electrolysis. The receipt for the annual renewal of license shall be kept at such person's place of business and shall be shown to any person requesting to see the same. The licensee shall keep the Board informed of his current address. A license issued by the Board is the property of the Board and shall be surrendered on demand of the Board.

Added by Laws 1985, c. 151, § 8, operative July 1, 1985.

536.9. Suspension or revocation of license

- A. The Board may suspend or revoke the license of any person authorized to practice electrolysis pursuant to the provisions of the Registered Electrologist Act upon proof that the licensee:
1. Has used fraud or deception in applying for a license or in passing the examination provided for in the Registered Electrologist Act;
 2. Has been guilty of unprofessional conduct defined by the rules established by the Board or has violated the Code of Ethics adopted by the Board;
 3. Has been guilty of fraud or deceit in connection with services rendered as an electrologist;
 4. Has been grossly negligent in the practice of his profession; or
 5. Has willfully violated any of the provisions of the Registered Electrologist Act or any regulation adopted hereunder.
- B. No suspension or revocation shall be made until such person appears before the Board for a hearing. Proceedings for the suspension or revocation of a license are governed by rules and regulations of the Board and by the Administrative Procedures Act.

Added by Laws 1985, c. 151, § 9, operative July 1, 1985.

536.10. Personnel and facilities

- A. The basic personnel and necessary facilities which are required to administer the Registered Electrologist Act shall be the personnel and facilities of the Board. The Board personnel shall act as agents of the Committee. If necessary for the administration or implementation of the Registered Electrologist Act, the Board may

secure and provide for compensation for services that the Board considers necessary and may employ and compensate within available resources professional consultants, technical assistants, and employees on a full-time or part-time basis.

- B. The Board shall maintain the records of all licensed electrologists, process all applications for licensure for review by the Committee, and investigate all complaints deemed to be appropriate allegations of violations of the Registered Electrologist Act.
- C. The Board shall employ such staff, equipment, and supplies as are necessary to carry out administrative and investigative functions required to maintain and support the objectives of the Committee in exercising its duties as prescribed by the Registered Electrologist Act.

Laws 1985, c. 151, § 10, operative July 1, 1985.

536.11. Violation of act - Penalties

On and after July 1, 1985, any person who practices electrolysis in violation of the provisions of the Registered Electrologist Act, upon conviction, shall be guilty of a misdemeanor punishable by a fine of not less than Five Hundred Dollars (\$500.00) nor more than One Thousand Dollars (\$1,000.00) and costs. Each day of such violation shall constitute a separate offense.

Added by Laws 1985, c. 151, § 11, operative July 1, 1985.

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***OKLAHOMA ADMINISTRATIVE CODE
TITLE 435. STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION
CHAPTER 40. REGISTERED ELECTROLOGISTS**

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[**Authority:** Title 59 O.S., Sections 536.24]

[**Source:** Codified 12-30-91]

*This is an unofficial copy of Chapter 40 of Title 435 of the Oklahoma Administrative Code.
Official copies may be obtained from the Office of Administrative Rules.

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435:40-1-1. Purpose

The rules of this Chapter have been adopted to establish procedures for examinations and licensure as a registered electrologist and the regulation of practice.

435:40-1-2. Definitions

The following words and terms, when used in this Chapter shall have the following meanings, unless the context clearly indicates otherwise:

"**Act**" means the Registered Electrologist Act, 59 O.S. 1985, Section 536 et. seq.

"**Association**" or "**OSEA**" means the Oklahoma State Electrologists' Association.

"**Board**" means the Oklahoma State Board of Medical Licensure and Supervision.

"**Committee**" means the Advisory Committee of Registered Electrologists.

[Source: Amended at 31 Ok Reg 1979, eff 9-12-14.]

435:40-1-3. Advisory committee

(a) **Purpose.** The rules in this section shall set out the organization and administration and other general procedures governing the operation of the advisory committee.

(b) **Meetings.**

(1) The advisory committee shall hold a meeting at such designated date and time as may be determined by the chairman.

(2) Special meetings may be called by the chairman at such times and dates as become necessary for the transaction of advisory committee business.

(3) Meetings shall be announced and conducted under the provisions of the Oklahoma Open Meeting Law.

(c) **Quorum.** A quorum of the advisory committee necessary to conduct official business is two (2) members.

(d) **Transaction of official business.**

(1) The advisory committee may transact official business only when in a legally constituted meeting with a quorum present.

(2) The advisory committee shall not be bound in any way by any statement or action on the part of any advisory committee member except when a statement or action is in pursuance of specific instructions of the advisory committee.

(3) Advisory committee action shall require a majority vote of those members present and voting.

(e) **Impartiality.** Any advisory committee member who is unable to be impartial in any proceeding before the advisory committee such as that pertaining to an applicant's eligibility for licensure or a complaint against or a violation by a licensee, shall so declare his/her lack of impartiality to the advisory committee for the record and shall not participate in any advisory committee proceedings involving that individual.

(f) **Attendance.** The policy of the advisory committee is that members will attend regular and committee meetings as scheduled.

(g) **Rules of order.** Roberts Rules of Order Revised shall be the basis of parliamentary decisions except where otherwise provided by these rules.

(h) **Agendas.** The chairman shall prepare and submit to each member of the advisory committee

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prior to each meeting an agenda which includes items requested by the Board or by members of the advisory committee, items required by law, old business, and other matters of Board business which have been approved by any committee member.

(i) **Minutes.**

(1) Drafts of the minutes of each meeting shall be forwarded to each member of the advisory committee for review. At each meeting minutes of the pervious meeting shall be approved or corrected.

(2) The official minutes of advisory committee meetings shall be kept in the office of the Board and shall be available to any person desiring to examine them during regular office hours of the Board.

(j) **Official records.**

(1) All official records of the advisory committee including application materials, except files containing investigative information and examinations shall be open for inspection during regular office hours of the Board.

(2) A person desiring to examine official records shall be required to identify himself/herself and sign statements listing the records requested and examined.

(3) Official records may not be taken from the Board offices, however, persons may obtain photocopies of files upon written request and by paying the fees established by the Board. Payment shall be made prior to release of the records and may be made by personal check.

(k) **Elections.**

(1) At the first meeting of each fiscal year, the advisory committee shall elect by a majority vote of those members present, a chairman and vice-chairman.

(2) A vacancy which occurs in the office of chairman and vice-chairman may be filled by a majority vote of those members present and voting at the next advisory committee meeting.

(3) Absence from three regular meetings, without an acceptable reason, constitutes self-removal from the committee.

(l) **Committees.**

(1) The advisory committee with the approval of the Board may establish sub-committees as deemed necessary to assist the advisory committee in carrying out its duties and responsibilities.

(2) The chairman may appoint the members of the advisory committee to serve on sub-committees and may designate the sub-committee chairman.

(3) The chairman of the advisory committee may appoint non- advisory committee members to serve as sub-committee members on a consultant or voluntary basis subject to Board approval.

(4) Sub-committee chairman shall make regular reports to the advisory committee in interim written reports and/or at regular meetings, as needed.

(5) Committees and sub-committees shall direct all reports or other materials to the chairman for distribution.

(6) Sub-committees shall meet when called by the chairman of the sub-committee or when directed by the advisory committee.

[Source: Amended at 31 Ok Reg 1979, eff 9-12-14.]

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435:40-1-4. Standards of practice; code of ethics

The rules on the profession of electrologists shall be to establish standards of practice and code of ethics for electrologists.

- (1) A licensee shall not misrepresent any professional qualifications or credentials.
- (2) A licensee shall not make any false or misleading claims about the efficacy of any services or methods of treatment.
- (3) A licensee shall not promote or endorse products and/or services through the press, circulation of advertising matter, radio, television, display signs or otherwise in a manner that is false or misleading or which is likely to mislead or deceive because in context it makes only a partial disclosure of relevant facts.
- (4) A licensee shall maintain knowledge and skills required for continuing professional competence.
- (5) A licensee shall not abuse alcohol or drugs in any manner which detrimentally affects the provision of electrolysis services.
- (6) A licensee shall keep his/her Board file updated by notifying the Board of changes in preferred mailing address and practice address.
- (7) A licensee shall make known to a prospective client the important aspects of the professional relationship including fees and arrangement for payment which might affect the client's decision to enter into the relationship.
- (8) A licensee shall not receive or give a commission or rebate or any other form of remuneration for the referral of clients for professional services.
- (9) A licensee shall not violate any provision of any federal or state statute relating to confidentiality of client communication and/or records.
- (10) A licensee shall give the highest quality professional service of which he or she is capable at all times.
- (11) A licensee shall use only medically approved equipment and techniques for epilation. Electrosurgical apparatuses shall be defined as needle type epilators that accomplish permanent hair removal, or any other devices that may be developed as proven to accomplish permanent hair removal.
- (12) A licensee shall maintain high standards of personal conduct, honesty, integrity and dedication to service.
- (13) No guaranty or warranty or anything beyond the professional competence of a licensee shall be offered a patient.
- (14) All epilation devices or equipment must be approved by the Federal Communications Commission (F.C.C.) and bear the F.C.C. number assigned thereto.
- (15) A licensee's office, including instruments and equipment contained therein, shall at all times be kept clean and free from any condition or surroundings that will make or tend to make the office unsanitary or unhygienic.
- (16) A licensee shall conduct himself or herself as a medical ancillary in the allied health profession.
- (17) A licensee shall not aid or abet, directly or indirectly, the practice of electrology by any person not duly authorized under the laws of Oklahoma.

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[Source: Amended at 31 Ok Reg 1979, eff 9-12-14.]

435:40-1-4.1. Infection control standards

(a) **Purpose.** These standards have been developed for electrology students, licensed practicing electrologists, and approved electrology instructors in Oklahoma. These standards emphasize the need to consider all patient/clients as potentially infectious, minimize the risk of exposure to blood or body fluids, reduce the risk of transmitting infection or disease from patient/client to patient/client, practitioner to patient/client, and patient/client to practitioner.

(b) **Description.** Electrology is a superficially invasive procedure, which does not generate splashes or sprays of blood and body fluids. It is NOT necessary to wear masks, eye protection, a face shield, or gowns while practicing electrolysis. Electrolysis needles can become contaminated with blood, serum, or other material because of the insertion of the needles into the hair follicle and skin. All needles must be either single-use, pre-sterilized, disposable needles OR be properly sterilized in an autoclave or dry heat sterilizer according to the standards that follow. Any critical instrument re-used between patient/clients must be sterilized and monitored, for effectiveness, according to these standards. Each instrument or piece of equipment must be properly disposed of, disinfected, or sterilized depending on its use and contamination. Cleaning of surfaces, instruments, and equipment must precede appropriate disinfection or sterilization. During the treatment, a new pair of non-sterile, medical grade, disposable exam gloves must be worn by the electrologist to reduce the risk of transmitting disease or infection between the practitioner and the patient/client.

(c) **Blood-borne pathogens.**

(1) The three blood-borne pathogens of great concern to healthcare workers who could be at risk to blood and body fluids containing visible blood are Hepatitis B virus (HBV), Hepatitis C virus (HCV), and HIV/AIDS.

(2) HIV/AIDS is a threat to healthcare workers, but not as much as Hepatitis B.

(3) Practitioners and electrology students should be vaccinated against HBV.

(4) Risks among health care professionals vary during the training and working career, but are often highest during the training period. For this reason, vaccination should begin before starting training and be completed during training. If the student refuses to be vaccinated, they must sign a waiver before beginning training.

(5) The immunization regimen consists of three doses of vaccine. The first dose is provided initially, followed at one month and six months.

(6) Students and non-immunized practicing electrologists should contact their personal physician or the City/County Health Department for appropriate immunization against hepatitis B.

(d) **Standards for hand washing.** Hand washing is one of the most important procedures for preventing the transmission of infections. Hand washing accomplishes a physical removal of microorganisms and a chemical inactivation of residual microorganisms on the surface of the skin. Fingers are thought to be the most important part of the hand in terms of the transfer and spread of pathogenic micro flora. Hand washing products can become contaminated or support the growth of microorganisms. Liquid products should be stored in closed containers and dispensed from either disposable containers or containers that are washed and dried thoroughly before refilling.

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- (1) A sink with hot and cold running water is located in each treatment room
 - (2) Hands are cleansed with use of plain liquid soap and water or degermed by hand sanitizers using 60% - 70% alcohol-based hand rubs (if hands are not visibly soiled):
 - (A) Before and after treatment of each patient/client
 - (B) Before donning gloves and immediately after gloves are removed
 - (3) Hands are thoroughly washed with liquid soap and water:
 - (A) When visibly soiled
 - (B) Immediately if accidental bare-handed contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated equipment occurs.
 - (4) Hand washing technique with liquid soap and water includes:
 - (A) Use of plain soap and water
 - (B) A vigorous rubbing together of all surfaces of lathered hands, especially between fingers and fingernail areas, for 15 to 30 seconds
 - (C) A thorough rinsing under a stream of water
 - (D) Hands are dried thoroughly with a clean disposable paper towel
 - (E) Faucets are turned off with the paper towel
 - (F) Paper towel is disposed of in the appropriate covered receptacle in the treatment room
 - (5) Hand washing technique using 60% to 70% alcohol-based antiseptic hand rubs includes:
 - (A) Apply product label-recommended amount of alcohol gel or rinse to the palm of one hand
 - (B) Vigorously rub hands together covering all surfaces of hands, especially between fingers and fingernail areas, between 15 to 25 seconds until the alcohol dries.
- (e) **Standards for use of gloves.**
- (1) Each patient/client must be treated with fresh unused gloves. Determine patient/client allergies before wearing latex gloves. Several conditions have been connected to latex sensitivity, including such allergic reactions as asthma, eczema, hay fever, allergies to cosmetic powders or foods, and frequency or duration of glove use/exposure. Non-sterile gloves are appropriate for electrology procedures and should be worn when hands are likely to become contaminated with potentially infective material such as blood, all body fluids, secretions, excretions, non-intact skin, and mucous membranes.
 - (2) The consistent wearing of gloves will decrease the risk of potential exposure. Wearing gloves will also protect the patient/client from potential exposure to the microbial flora of the electrologist, including blood-borne organisms should there be cuts, scrapes, or micro-lesions on the electrologist's hands. When gloves are worn, hand washing is recommended after removal because gloves may become perforated during use and bacteria can multiply rapidly on gloved hands. Gloves that are torn or knowingly perforated during a treatment should be removed immediately and hands washed before donning fresh gloves.
 - (3) Wearing latex powder-free, reduced protein content gloves will reduce the risk of a latex allergy. When wearing latex gloves, do not use oil-based hand creams or lotions, which causes glove deterioration, unless they have been shown to reduce latex-related problems and maintain glove barrier protection. If the electrologist or patient/client is allergic to latex, there are other non-latex glove materials available such as vinyl.
 - (4) Washing gloves while treating the same patient/client is not recommended. This can cause "wicking", the enhanced penetration of liquids through microscopic holes in the

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gloves. Deterioration of the glove material can also occur with the use of disinfecting agents or oils. Wearing gloves will not guarantee protection as gloves may have micro tears.

(5) Use a fresh pair of non-sterile, medical grade, disposable exam gloves during the treatment of each patient/client. Gloves are disposed of in an appropriate receptacle in the treatment room.

(6) Wash hands in accordance with the above hand washing standards before putting on gloves and immediately after gloves are removed.

(f) **Standards for patient/client health history.** A complete past and current health history is obtained from each patient/client before treatment. The general health status of the patient/client may be a factor in susceptibility to infection and normal healing. It will also have an affect on the outcome of the treatment plan due to any hormonal disorders or disease states. Professional interpretations require careful observation and good judgment. The patient/client's health status should be updated and evaluated on an on-going basis and referred to an appropriate physician as indicated.

(g) **Standards for patient/client skin preparation.**

(1) Treatment should be delayed if actual or potential signs or symptoms of infection are present. The practitioner should refer to the appropriate physician when the health history or skin assessment indicates

(2) Before treatment, the treatment area should be thoroughly cleansed to remove makeup or grime if present and reduce the bacterial count on the skin.

(3) Wipe the treatment area with an antiseptic skin preparation.

(4) After treatment, the treatment area should be wiped with an appropriate product, taking into consideration the patient/client's skin type and any skin allergies.

(5) Patient/clients are instructed on appropriate post-treatment care to promote healing.

(h) **Standards for cleaning and sterilization of instruments/items.**

(1) Coordinating the cleaning, sterilization, and disinfection of instruments/items to maintain asepsis technique is required. Precautions should be taken to avoid puncture injuries from instruments.

(2) All instruments that will penetrate tissue should be either pre-sterilized disposable or thoroughly cleaned and then sterilized before reuse to reduce the risk of transmission of infection and disease.

(3) The endodontic dry heat sterilizer (glass bead sterilizer) is no longer cleared to market by the Food and Drug Administration (FDA). The endodontic dry heat sterilizer should not be used in the practice of electrology.

(4) Some high-level disinfectants, including glutaraldehyde-based germicides, are not recommended as an applicable method of sterilization of instruments and items, based on their toxicity level, instability, and impracticality. Sterilization with liquid chemical germicides is not capable of being biologically monitored. If a medical device is heat-stable, the proper method of reprocessing is by using a heat-based method such as a steam autoclave or dry heat oven.

(5) Carbon rollers are porous and cannot be sterilized or disinfected, therefore, they should not be used.

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(6) Cleaning is the basic first step for all decontamination. Cleaning physically removes debris and reduces the number of microorganisms present. Cleaning is the removal of organic material or soil from objects and is usually done by using protein-dissolving enzyme detergent and water. Generally, cleaning is designed to remove rather than kill microorganisms. Technology has provided cleaning products and devices that are especially appropriate for the cleaning of instruments used in electrology. A meticulous physical cleaning is always done before sterilization or disinfection. For sterilization or disinfection, refer to the manufacturers' instructions for exposure times and conditions as well as recommendations for rinsing and subsequent handling of processed items.

(7) Low-level and intermediate-level disinfectants used in the practice of electrology should be registered with the Environmental Protection Agency (EPA), whereas high-level disinfectants/liquid chemical sterilants are cleared by the FDA for use in sterilizing or disinfecting medical and dental instruments. Disinfectants are to be used according to the manufacturer's instructions.

(8) An intermediate-level disinfectant is capable of killing *M. tuberculosis var. bovis*, but not bacterial spores. It will also inactivate organisms such as most vegetative bacteria and fungi as well as viruses such as hepatitis B virus (HBV) and HIV. Examples of intermediate-level disinfectants include alcohols (70 to 90% ethanol or isopropanol), chlorine compounds, and certain phenolic or iodophor preparations.

(9) A high-level disinfectant inactivates some, but not necessarily all, bacterial spores. It will kill *M. tuberculosis var. bovis*, bacteria, fungi, and viruses. High-level disinfection is the minimum treatment recommended by the CDC guidelines for reprocessing of semi-critical instruments or devices. Examples of high-level disinfectants include glutaraldehyde-, chlorine dioxide-, hydrogen-peroxide, orthophthaldehyde-, and peracetic acid-based formulations.

(10) Chlorine solutions in concentrations of 0.05 to 0.5% free chlorine are generally considered intermediate-level disinfectants for specific site disinfection. Solutions of 0.5% (household bleach contains approximately 5% sodium hypochlorite) have broad-spectrum germicidal activity, and exhibit sporicidal activity, are tuberculocidal, inactivate vegetative bacteria, and are fungicidal and virucidal. Klein and Deforest (1965) reported that all 25 viruses were inactivated in 10 minutes by as little as 0.02% available chlorine. Bleach solutions used to process tips for epilator needle holder are freshly made by mixing one tablespoon household bleach to one quart tap water. Discard bleach solution after each use.

(11) Critical items.

(A) Instruments

(i) Needles

(I) Single-use, pre-sterilized, disposable

(II) Pre-sterilized, re-useable

(ii) Forceps

(B) Processing

(i) Single-use and re-useable needles

(I) Stored in a manner that will maintain sterile condition, away from wetness or humidity extremes.

(II) Not to be recapped, bent, or manipulated by hand prior to disposal to avoid accidental puncture injury.

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(III) Place in a sharps container immediately after use, or when opened and found damaged, or when not used before expiration date.

(IV) When the sharps container is full, it is to be sealed securely and disposed of properly as specified by state and local health regulations as an item of regulated medical waste. According to the Oklahoma Dept. of Labor's OSHA division, sharps containers can be disposed of in the regular trash only after being filled with cement. They recommend a more practical solution of taking them to a local hospital or clinic that will include it with their regular biohazard waste materials to be picked up by a biohazard waste company. They may charge a small fee for this service.

(ii) Forceps and re-useable needles

(I) Forceps are cleaned and then sterilized before their initial use.

(II) Used critical items are placed in an ultrasonic unit, empty covered container or a holding container, which holds either a liquid detergent solution or protein-dissolving enzyme detergent, following manufacturer's instructions for dilution.

(III) The holding container is held under warm running water to rinse off detergent and debris, then drained.

(IV) Forceps and re-useable needles are then placed in the basket of an ultrasonic unit using transfer forceps. If a protein-dissolving enzyme detergent was not used in the holding container, it must be used now in the ultrasonic unit for proper cleaning, following manufacturer's instructions for dilution and immersion time.

(V) Basket is removed from ultrasonic unit, rinsed under running water and drained. Forceps are dried with disposable paper towels. Needles are drained and air-dried on disposable paper towels.

(VI) Forceps and needles are packaged individually or in small multiples for the sterilization process. If sterilized in multiples, any instruments not used whose package has been opened must be resterilized.

(VII) Place packaged instruments in an autoclave or dry heat sterilizer using a chemical indicator on each package or one with each individual load. This only indicates items have been exposed to a sterilization process, it does not guarantee sterility. Biological indicators are used no less than once a month (per sterilizer) according to manufacturer's instructions to ensure proper mechanical function. Lab reports are filed in a permanent Sterility Assurance file to be kept in your office records.

(VIII) Autoclaves and dry heat sterilizers are loaded, operated and maintained according to manufacturer's instructions. Sterilizers must have visible physical indicators (thermometers, timers).

(IX) Cleaned, dried and packaged instruments are sterilized by either dry heat at 340 degrees F (170 C) for 1 hour; 320 degrees F (160 C) for 2 hours or by following directions by the manufacturer of the unit or by autoclave (steam under pressure) for 15-20 minutes at 250 degrees F (121 C); 15 psi (pounds per square inch). The above temperature and exposure times for dry heat

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sterilizers and autoclaves relate only to the time of exposure after attainment of the specific temperature and do not include a penetration or heat-up lag time. Exposure time does not include drying and cool-down time. Follow the manufacturer's instructions for the unit you have if times and temperatures differ from those given above.

(12) Semi-critical items.

(A) Instruments

- (i) Tips for epilator needle holders
- (ii) Anaphoresis/cataphoresis rollers

(B) Processing

- (i) Tips for epilator needle holders
 - (I) Must be processed before initial use and after use between each patient/client. Tips that are contaminated (e.g. dropping or touching unsterile surface) must be reprocessed before use.
 - (II) Follow same processing directions described earlier for re-useable critical items concerning holding container and ultrasonic cleaning.
 - (III) Package tips individually or in small multiples for sterilization in an autoclave or disinfect by submersing in a fresh solution of an intermediate-level disinfectant for 10 minutes or follow manufacturer's directions. Dry the tips with disposable paper towels.
 - (IV) Store tips in a clean, dry, covered container to prevent contamination.
- (ii) Anaphoresis/cataphoresis rollers.
 - (I) Must be processed before initial use and after use between each patient/client.
 - (II) Rollers are cleaned, dried and disinfected in the same manner as tips.

(13) Non-critical Items.

(A) Instruments/Items

- (i) Indifferent electrodes
- (ii) Needle cords

(B) Processing

- (i) These items are cleaned, dried and subjected to a low-level disinfection after each treatment.
- (ii) Low-level disinfectants are capable of inactivating most bacteria, some Viruses and fungi, but not bacterial spores or *M. tuberculosis var. bovis*. Examples are quaternary ammonium compounds and certain iodophors or phenolics.

(i) **Standards for environmental control and housekeeping.**

(1) A variety of microorganisms are normal contaminants of environmental surfaces, most of which are non-pathogens. Conscientious sanitation and disinfection techniques control cross-infection.

(2) Hospital-grade disinfectants registered with the Environmental Protection Agency (EPA) should be used for environmental surface cleaning. Product labels give the EPA registration number and should give adequate safety and precautionary information.

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Manufacturer's instructions on the use of the product should be followed. Information on specific manufacturer label claims and the classification of disinfectants can be obtained by writing the Anti Microbial Division, EPA 751 OC, Office of Pesticides Programs, 401 M Street SW, Washington, DC 20460. <http://www.epa.gov/>.

(3) Adequate levels of safety for surfaces of medical equipment (non-critical surfaces) may be achieved by simple washing or scrubbing with detergent and warm water or, depending on the equipment surface and the nature and degree of contamination, cleaning followed by an application of an intermediate- to low-level chemical germicide. Follow manufacturer's instructions for application and exposure times of disinfectant products.

(4) Cleaning schedules and methods vary according to the type of surface to be cleaned and the amount and type of soil present. Items on countertops should be maintained in a sanitary manner. Sinks and toilet facilities should be clean at all times. Environmental surfaces in the treatment room should be cleaned on a regular basis. Equipment surfaces, doorknobs, telephones, and treatment tables should be cleaned on a regular basis. Protective barrier film or appropriate disinfectants should be used on surfaces touched during the treatment. Treatment tables should be covered with either cloth or paper drapes and changed after each patient/client. Floors and carpets should be vacuumed and cleaned regularly. Walls, blinds and curtains should be cleaned when visibly soiled.

(j) Standards for potential exposures to blood-borne pathogens.

(1) Health care workers who have percutaneous or mucous membrane exposure to blood and other body fluids are at risk for infection, including HBV, HCV AND HIV infection. The Centers for Disease Control and Prevention (CDC) concludes in a continuing study that, while HIV infection is a real risk to health care workers, the risk is low and can be minimized by taking appropriate precautions.

(2) Identified risk factors for HIV and HCV transmission are almost identical to those for HBV transmission. Despite the similarities in modes of transmission, the risk of HBV infection in health care settings far exceeds that for HIV or HCV infection.

(3) The following steps are to be taken when a puncture injury has occurred:

(A) Remove and discard gloves.

(B) Milk the puncture site to expel blood. Clean the wound vigorously with one-half teaspoon of soap and water for 10 to 15 seconds, using friction.

(C) Immediate contact is made to practitioner's personal physician for appropriate consultation, and for necessary post-exposure strategies.

(D) Documentation of the exposure is made including: date, route of exposure, circumstance under which exposure occurred, name of source patient/client, HIV and/or hepatitis status of source patient/client, status of practitioner's testing, follow-up testing and any necessary post-exposure prophylaxis.

[Source: Added at 21 Ok Reg 1056, eff 5-14-04; Amended at 31 Ok Reg 1979, eff 9-12-14]

435:40-1-5. Academic requirements for examination and licensure

The purpose of this section is to set out the academic requirements for examination and licensure as a registered electrologist.

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(1) The Board shall accept as meeting licensure requirements or course work received from American colleges or universities that held accreditation, at the time the courses were completed, from accepted regional educational accrediting associations as reported by the American Association of Collegiate Registrars and Admissions Officers.

(2) Course work received at foreign colleges and universities shall be acceptable only if such work could be counted as transfer credit from accredited colleges or universities as reported by the American Association of Collegiate Registrars and Admissions Officers.

(3) The relevance to the licensing requirements of academic courses, the titles of which are not self-explanatory, must be substantiated by the applicant through course descriptions in official school catalogs or bulletins or by other means acceptable to the Board.

(4) Persons applying for licensure must satisfactorily complete college courses in human anatomy, human physiology, microbiology and chemistry or equivalent courses as determined by the Board as recommended by the Committee. Medical terminology may be required at the discretion of the Board as recommended by the Committee.

(5) The college courses in Human Anatomy, Human Physiology, Microbiology, and General Chemistry shall be comprehensive in content and designed for the allied health or biological-life science major. Satisfactory completion shall be defined as a grade of C or its equivalent, or above (grade of A or B).

[Source: Amended at 20 Ok Reg 983, eff 5-21-03; Amended at 27 Ok Reg 2686, eff 8-26-10; Amended at 31 Ok Reg 1988, eff 9-12-14.]

435:40-1-6. Curriculum of study and internship requirements

(a) Preceptorship.

(1) Applicants for licensure as registered electrologists shall successfully complete a minimum of six months curriculum of study and internship established by the Board.

(2) The preceptorship shall include successful completion of a minimum of 600 hours of study and clinical practice under the direct supervision of a preceptor. At least 300 hours of the training must be conducted on-site and in-person at the training facility.

(b) Preceptors. Except as provided in (c) below:

(1) Preceptors shall be registered electrologists approved by the Board.

(2) The preceptor must be licensed to practice electrolysis in the state of Oklahoma and must have actively practiced in the state for at least four years (at least two years immediately prior to beginning as a preceptor). The Board may reduce or waive this requirement at the recommendation of the Committee.

(3) Preceptors shall make training facilities available for inspection upon request by members of the Board, the Committee or their representative.

(4) Preceptors shall teach on equipment in good working condition, as verified by submission of the equipment manufacturer's recommended maintenance schedule and proof of continued compliance with that schedule. Submittals shall be on forms approved by the Board and reviewed by the Committee for acceptability.

(5) Hygienic practices must conform to the Oklahoma Infection Control Standards for Electrologists.

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(c) **Out-of-State Applicants for Licensure.** An applicant for licensure who holds a current license in good standing from another state, and who has received electrolysis study and internship of at least 600 hours may receive credit for the preceptorship requirement by providing sufficient proof of training and apprenticeship or internship program from the licensing state, based on the Committee's recommendation to the Board of the program's equivalency to the requirements for licensure in Oklahoma and the Board's approval of the program. An out-of-state preceptorship, apprenticeship or internship program may be approved by the Board under the following conditions:

- (1) The applicant must provide a copy of the Curriculum of Study to the Board and the Curriculum of Study must be the equivalent of that required in Oklahoma, as recommended by the Committee and approved by the Board.
- (2) The preceptor must be licensed or registered in electrolysis in the State where the preceptorship was completed by applicant and have been actively practicing in the field for at least four years, with at least two of those years coming immediately prior to becoming the preceptor. Any exceptions to this requirement must be approved by the Board.
- (3) All other requirements for licensure must be met by the applicant.

[Amended at 13 Ok Reg 2693, eff 6-27-96; Amended at 14 Ok Reg 2663, eff 6-26-97; Amended at 21 Ok Reg 1056, eff 5-14-04; Amended at 24 Ok Reg 1727, eff 5-4-07 (emergency); Amended at 24 Ok Reg 2712, eff 7-26-07; Amended at 31 Ok Reg 1979, eff 9-12-14.]

435:40-1-7. Application procedures

(a) The purpose of this section is to set out the application procedures for examination and licensure as a registered electrologist.

- (1) Unless otherwise indicated, the applicant shall submit all required information of credentials on forms provided by the office of the Board.
- (2) The Board will not consider an application as officially submitted until the applicant pays appropriate fees established by the Board. The Board assumes no responsibility for cash remittances which are not forwarded by registered mail. Application fees, processing fees and annual renewal fees are not refundable.
- (3) The applicant for licensure shall obtain and complete the application form providing evidence of age and academic requirements to be reviewed by the Committee and approved by the Board.
- (4) Approved applicants will fulfill the curriculum of study and internship requirements under the direct supervision of a registered electrologist, except as provided in 40-1-6(c) above.
- (5) Upon completion of the curriculum of study and internship requirements, the supervising registered electrologist shall submit to the Board a notarized completion report, except as provided in 40-1-7(b) below.
- (6) Upon completion of the curriculum and internship requirements, the applicant shall be eligible for the licensure examination in electrology. The applicant shall complete the remaining portions of the application and submit the application to the Board not later than forty-five (45) days before the date of the examination. Applications for the examination may be submitted prior to completion of the internship with verification from the

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supervising registered electrologist that the applicant is expected to satisfactorily complete the remaining training. This does not waive the requirement for a notarized completion report as required in this section.

(7) The Board shall notify an applicant of his/her eligibility for examination at least 10 days prior to the next scheduled examination.

(b) Applicants currently licensed in another state.

(1) An applicant from another state who has met the requirements of the Registered Electrologists Act, may be issued a license by the Board under the following circumstances:

(A) The applicant must furnish an affidavit from the state regulatory agency verifying that the applicant holds a current license and is in good standing with that state;

(B) Any out-of-state preceptorship, apprenticeship or internship program must be approved by the Board. An out-of-state preceptor must provide a notarized affidavit on forms approved by the Board, attesting to the preceptor's credentials and the applicant's successful completion of the preceptorship, as described in 40-1-6(c). If the out-of-state preceptor is not available to provide these affidavits, notarized letters of recommendations from at least three (3) persons acceptable to the Board who can sufficiently attest to the proficiency of the applicant, as recommended by the Committee and approved by the Board, must be provided by the applicant. Acceptable reference sources may include, but are not limited to:

- (i) Referring physicians
- (ii) Other licensed electrologists
- (iii) Professional electrology associations
- (iv) Electrology instructors
- (v) Electrology preceptors

(2) Applicants trained out-of-state must take and successfully complete the Oklahoma licensing examination.

(3) Applicants trained out-of-state may also be required to meet one or more of the following:

- (A) Personal appearance.
- (B) Additional continuing education units (CEUs).
- (C) Practice under the direct supervision of a Registered Electrologist licensed in the state of Oklahoma, with the exact number of hours to be established by the Committee. The supervising Registered electrologist will provide reports to the Committee on the applicant's progress.

[Amended at 13 Ok Reg 2693, eff 6-27-96; Amended at 24 Ok Reg 1727, eff 5-4-07 (emergency); Amended at 24 Ok Reg 2712, eff 7-26-07; Amended at 31 Ok Reg 1979, eff 9-12-14.]

435:40-1-8. Examination for electrology license

(a) **Purpose.** This section on licensure examination sets out the Board's rules governing the administration, content, grading, and other procedures for examination for licensure as a registered electrologist.

(b) **Frequency.** The Board shall set the dates the examination is to be administered. The licensure examination shall be administered at least every 6 months.

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(c) Content.

(1) To qualify for a license, an applicant shall pass an examination in the English language which shall cover the following areas:

- (A) Human Anatomy
- (B) Human Physiology
- (C) Microbiology
- (D) General Chemistry
- (E) Dermatology
- (F) Hygiene
- (G) Sterilization
- (H) Electricity
- (I) Electrolysis (theory and practice).

(2) The examination for licensure shall be prepared by the Committee and approved by the Board, or shall be any other form of examination prescribed by the Board.

(d) Grading.

(1) If in the judgment of the majority of the Board, the examinee obtains an average of seventy-five percent (75%) on the total examination and not less than sixty-five percent (65%) in each subject on the examination, he or she shall be entitled to receive from the Board a license to practice electrolysis for the remainder of that calendar year.

(2) Licensure examinations administered by the Board shall be graded by the Committee or by a designee of the Board.

(e) Results.

(1) The Board shall notify each examinee of the results of the examination within seven (7) days of the grade meeting held by the Committee to determine the pass/fail status of candidates.

(2) No matter what numerical or other scoring system the Board may use in arriving at examination results, the official notice of results to applicants shall be stated in terms of "pass" or "fail" in addition to numerical scores being provided.

(f) Failures. If an applicant fails to pass the examination a maximum of three (3) times, the individual shall not be permitted to re-apply for licensure. An examination fee must accompany each examination as set by the Board.

[Source: Amended at 20 Ok Reg 983, eff 5-21-03; Amended at 31 Ok Reg 1979, eff 9-12-14.]

435:40-1-9. License renewal and replacement

(a) Purpose. The purpose of this section is to set out the rules governing electrologist license renewal and replacement.

(b) Date required to renew.

- (1) A licensee must renew the license annually.
- (2) The application and fee for the renewal of the license shall be postmarked or hand delivered to the Board office not later than December 31st.
- (3) Each licensee is responsible for renewing the license on or before the required date and shall not be excused from paying additional fees or penalties.

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(c) Renewal procedure.

- (1) At least thirty (30) days prior to December 31st, the Board will send an application for renewal of the license, and the amount of the renewal fee due. The licensee must complete the application and return it to the Board office with the required fee. The timely return of the completed renewal form shall be considered confirmation of the receipt of renewal notification.
- (2) The license renewal form for all licensees shall require in addition to other information, the preferred mailing address and primary practice address.
- (3) The Board shall not consider a license to be renewed until it receives both the completed license renewal form and the required fees set by the Board.
- (4) The Board shall issue to a licensee who has met all requirements for renewal a renewal of license identification card.

(d) Late renewal.

- (1) The chairman shall notify a person who has not renewed a license after a period of more than thirty (30) days that their license is inactive.
- (2) A person whose license is inactive for not more than thirty (30) days may renew the license by paying to the Board the required renewal fee and a penalty fee that is one-half of the renewal fee in the form of a certified check or money order.
- (3) A person whose license has been inactive for more than thirty (30) days but less than one (1) year of the last day for renewal of the license may renew the license by paying to the Board the unpaid licensure renewal fees, plus a late penalty that is equal to the renewal fee, in the form of a certified check or money order.
- (4) A person whose license has been lapsed more than twelve months wishing to re-enter the practice of Electrology will be required to file an application on forms provided by the Board of Medical Licensure and Supervision and pay fees as set by the Board of Medical Licensure and Supervision. Electrologists may be required to meet one or more of the following:
 - (A) Personal appearance.
 - (B) One (1) continuing education unit (CEU) for each three (3) years out of practice, not to exceed six (6) CEU's, prorated based on the number of years license expired.
 - (C) Practice under the direct supervision of a Registered Electrologist licensed in the state of Oklahoma for up to forty (40) hours for each year license lapsed, with the exact number of hours to be established by the Committee. The supervising Registered Electrologist will provide reports to the Committee on the applicant's progress prior to each Advisory Committee meeting.
 - (D) Retake licensing examination.
- (5) Surrender of a license certificate. A person who fails to renew a license after one (1) year is required to surrender the license certificate and license identification card to the Board.

- (e) Replacement of license.** The Board will replace a lost, damaged or destroyed license certificate or license identification card upon application by the licensee and payment of fees established by the Board. Applications must include an affidavit detailing the loss or destruction of the licensee's original license or license identification card, or be accompanied by the damaged

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certificate or card.

(f) Continuing education.

(1) Requirements. Applicants for renewal of their certificate as a Registered Electrologist must provide evidence to show successful completion of continuing education and compliance with the following requirements:

(A) A continuing education unit (CEU) is the equivalent of ten contact hours.

(B) The Advisory Committee of Registered Electrologists will oversee the program. CEUs will be awarded by the Committee or the Committee chairperson with ratification by the Committee at the next meeting.

(C) CEUs will be approved according to the established guidelines and accepted proposal or at the discretion of the Committee when the aforementioned are inadequate or inapplicable.

(D) CEUs must be obtained over the designated accounting period for licensure.

(E) CEUs acquired beyond the requirement cannot be credited to the next accounting period.

(F) The accounting period shall be three (3) years and 1.5 CEUs will be required during that period. Licensees shall report to the Committee earned CEUs no later than October 31 of the third year of the accounting period prior. The final two months of the accounting period shall be used by the Committee to review the reported CEUs earned by licensees prior to the renewal date to which the reported CEUs apply.

(G) Submittals must be made on standardized submittal cards signed by the sponsor of the program or activity being submitted for credit.

(H) Submittal cards may be obtained through the Oklahoma State Board of Medical Licensure and Supervision or the O.S.E.A.

(I) Submittals must be made to the Committee through the Board.

(J) The Board will account for acquired CEUs and yearly notify each Registered Electrologist of the number acquired and the number lacking.

(K) New licentiates will be required to obtain CEUs on a pro rata basis depending upon when they are licensed during the accounting period. Furthermore, no CEUs will be required during the full calendar year in which one is just licensed.

(2) Traditional methods of CEUs.

(A) Workshops

(B) Seminars

(C) Conferences

The above are given by National, Regional or State electrolysis organizations.

(D) Programs attended at OSEA quarterly meetings

(E) Electrolysis related workshop, seminar or conference given by Committee approved school or other Assigned value = 0.1 CEU per hour of program attended.

(F) Journal of Electrology articles and other courses approved by the American Electrology Association.

(3) Alternative Methods of CEUs.

(A) Presentation of electrolysis programs

(i) Presentation at National, Regional or State electrolysis organizational workshops,

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- seminar or conference.
- (ii) Other presentation as approved by the Committee Assigned value = .05 to 0.2 CEUs per presentation.
- (B) Publications (published or accepted for publication)
- (i) Authorship or co-authorship of a book relating to electrolysis. 0.3 CEUs
- (ii) Authorship of a chapter in a book or journal article that appears in a professional electrolysis or health journal. 0.2 CEUs
- (iii) Authorship of an article, book review or abstract in a National, Regional or State electrolysis or health newsletter or magazine. 0.5 CEUs
- (iv) Production of other media such as videotape, slide/ tape presentation, etc. that is available for general viewing as approved by the Committee. Assigned value = 0.05 to 0.3 CEUs per publication or finished product.
- (C) Research
- (i) Principal or co-investigator, project director or research assistant. Research proposal and final results submitted to Committee for approval.
- (ii) Quality assurance studies completed and published in a journal, newsletter or professional magazine. Assigned value = up to 0.4 CEUs per project.
- (D) Formal course work
- (i) College and university course work directly relating to improvement and advancement in the allied health field.
- (ii) College and university courses that are indirectly related, yet support skills and knowledge will be evaluated individually and assigned value accordingly by the Committee (i.e. business, improving human relations, etc.). Assigned value = 0.1 to 0.3 CEUs as approved.
- (E) Independent study
- (i) Independent reading of articles, books, or journals followed by written or oral review.
- (ii) Watching relevant videotapes or programs followed by a written or oral review.
- (iii) Listening to electrolysis or other health related seminar tapes followed by a written or oral review.
- (iv) Other self-study relevant to the practice of Electrology.
- (v) Values will be assigned for each submittal based on relevance to one's practice and the complexity of the material. Assigned value = .05 to 0.1 as approved, not to exceed 0.2 CEUs in one accounting period.
- (F) National certification - C.C.E. or C.P.E. Achievement of a National certification by a recognized body such as AEA or SCME will be awarded 0.2 CEUs one time only.
Assigned value = 0.2 CEUs one time only.
- (G) Cardiopulmonary resuscitation certification or recertification. Assigned value = up to 0.4 CEUs per accounting period.

[Source: Amended at 10 Ok Reg 1533, eff 4-26-93; Amended at 11 Ok Reg 1869, eff 5-12-94; Amended at 13 Ok Reg 1711; eff 5-25-96; Amended at 14 Ok Reg, eff 10-1-97 (emergency); Amended at 15 Ok Reg 3948, eff 7-9-98 (emergency); Amended at 16 Ok Reg 1231, eff 5-14-99; Amended at 22 Ok Reg 955, eff 5-12-05 Amended at 24 Ok Reg 2712, eff 7-26-07; Amended at 31 Ok Reg 1979, eff 9-12-14.]

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435:40-1-10. Disciplinary hearings

Investigatory hearings may be conducted by the Advisory Committee to ascertain facts, make conclusions and recommendations to the Board.

- (1) All notices or other papers requiring service in an individual proceeding shall be served in the manner set forth in 435:1-1-4 (c).
- (2) The time set for a hearing shall not be less than thirty days after the date the notice is completed.
- (3) All parties to said hearing are authorized to use discovery techniques available to parties in a civil action in the state courts of Oklahoma.
- (4) The hearing shall be conducted in an orderly manner by the Chairman of the Advisory Committee. The order of procedure will follow that which applies in civil proceedings of law.
- (5) All hearings shall be conducted in accordance with and be governed by the provisions of the Oklahoma Administrative Procedures Act 75 O.S. 1981, Sections 301 through 327, as now or hereinafter may be amended.
- (6) The hearing will be tape recorded and a record preserved at the Board office. If the respondent desires a certified court reporter to be present, that party shall be responsible for securing the attendance of the same. Neither the Advisory Committee nor the Board shall be responsible for the cost of the reporter or a transcription of the hearing.
- (7) If a transcript of the hearing is desired, the requesting party must deposit sufficient funds to cover the transcription cost. The fees previously adopted by this Board for such transcription shall be applicable.
- (8) Requests for continuances received prior to the hearing date may be granted by the Chairman of the Advisory Committee for good cause shown or held by the chairman for action by the committee.
- (9) The Advisory Committee shall conduct the hearing, receive all evidence and shall thereafter make its recommendations to the Board for an appropriate order. Such recommendations shall be made within 5 days after the hearing. An aggrieved party may appeal such finding to the Board within thirty (30) days of the issuance of the Advisory Committee's Recommendations.
- (10) Appeals to the Board must be made by written request of the appellee. Parties will be afforded an opportunity to make oral arguments to the Board.

435:40-1-11. Fees

All fees regarding electrologist licensure, renewal must be approved by the Board.

435:40-1-12. Investigation and inspection

- (a) The purpose of this section is to set out the rules governing inspection and investigation of an electrologist licensee.
- (b) The Board or its designee shall have the authority to inspect a licensee's office(s) where electrolysis services are performed or to investigate a licensee suspected of violating the Registered Electrologist Act or the rules of this Chapter, according to the rules established by the Board.

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435:40-1-13. Amendments

The rules of this Chapter may be amended in accordance with the rules and procedures established by the Board in Chapter 1 of this Title.